FORMING ASPECT OF SOUND by Marcel J. Vogel

In the beginning was the Word. The Word took flesh and became man. Man is made in the image and likeness of God and when he sounds his note, he returns to the source, the God that is within him. This article will help you to find this note and sound out this note.

Breath is the staff of life. In breathing and breathing deeply we create within our body a set of tonal patterns. These patterns of vibrations are like the tones of an organ pipe. When the tone is emitted, vibrations resonate with the matter that surrounds them causing those objects or forms which are harmonic to vibrate/resonate in accordance with the primary note.

To hear these notes, suspend yourself in an isolation chamber separated from all secondary interferences, and listen, as you breathe, to a remarkable series of tonal patterns. Drawing your breath in, you hear deep sonorous pipe-like tones. Coming to the end of the breath, a higher tone range is heard and you experience a series of internal breath vibrations. The body responds by vibrating as tension builds up with the holding of the breath, a harmonic rippling takes place. As your breath is retained this builds higher and higher until, with your eyes closed, a flash of light takes place within your mind and illumination results.

Illumination is the moving from sound to light. That light is a window to your soul. To feel and understand yourself, you must activate and stimulate the not-self, that wonderful being of consciousness of the soul interacting and becoming one with matter via the meditating vibration of breath.

This phenomena only takes place when we learn to breathe deeply by drawing our breath in through the diaphragm, filling the chest cavity, expanding the upper regions of lungs with additional breath, and then holding the breath. As we do this we feel our body oscillating to a rhythm. You experience the symphony of life itself moving, vibrating and seeking. Your body becomes a symphony orchestra. We stimulate with three full intonational breaths the activation of the consciousness of every cell in our body and the organization of cells in their own unique precise way.

In place of an isolation chamber, we can do this with a crystal. Charge the crystal with intention. Breathe in and out three times and on the third time hold your breath. Create the image of the crystal in your mind and pulse that image with the outgoing breath into the crystal that you hold in your hand. Breathe normally, look at the crystal with your mind's eye and clear intention. Feel the vibration your breath has caused, which is now stimulating the crystal.

As we contemplate the crystal with our mind's eye, we can create in our mind the image of individual organs. For example, visualize the heart and release it into the crystal. You will experience the change in vibration of the essence of your heart vibrating in the crystal. Send the thought of love and well-being and you will experience a change in vibration. This will lead to an increased well-being of the heart. If there is a pain in your shoulder, create the image of this shoulder and implant it into the crystal. Draw your breath in and slowly release the image of the shoulder, with breath, into the crystal. Look for the source of the
pain and release the pain with kind, loving thoughts. The pain will cease to exist, having been neutralized by the power of love. Order and balance will come into being. The body will function in an orderly manner.

These are the fundamentals of self-healing:
1. Sound your note by breathing deeply.
2. Release that note into a crystal held in your hand.
3. Use the vibration in the crystal as a reference electrode of sound.
4. Transfer a thought-form from your mind into the crystal.
5. Release the thought of love and well-being into the organ to bring it order and balance.

All nature, mineral, plant, animal and man, are linked into a common form and a common note. We come from one source and are here on this earth plane to return to this source.

A most remarkable book was written by Gyorgy Doczi, THE POWER OF LIMITS, which deals with proportional harmonies in nature and architecture. In this book he shows the proportions of matter and their linking to harmonic vibrations, or tonal patterns, as well as the mathematics of the celestial harmonies. He defines gravity as weight, and says the lifting of weight is by its dinergic sharing of His grace.

The Divine connotation for this is the effortless release of burden. When you study the patterns of the forms of nature, as they individualize in various living expressions, there is a commonality of expression. Darwin, on the expressions of nature, showed that there is a commonality between man and animal in the body form and expression of emotion. Dogs express their feelings of hostility or friendship through body movement. Looking at the photographs in Darwin's book, you are struck with the similarity of form and expression between man and beast. All of human expression can be released in seven patterns of vibration which are called SENTIC. These seven form the emotional expression and are seen through the body/hand movements. They are common to all human life forms on this earth plane. [Negroid-Oriental-Caucasian]

MARCEL VOGEL RECEIVES HONORARY DEGREE

During his lecture series for the Spiritual Science Fellowship at Montreal's International College of Spiritual and Psychic Sciences, Marcel J. Vogel proudly received an Honorary Doctorate in Humanities in Spiritual and Psychic Sciences. Marcel has been one of the most prolific scientist-inventors in history and is similarly respected for his metaphysical quest. We at P.R.I. applaud his work and wish him continuing success in all of his endeavors.

THE CRYSTAL HEALING INSTRUCTORS

The following people will provide very interesting and informed lectures on Crystal Healing. They are all trained by Dr. Vogel and speak knowledgeably in relation to their particular specialities.

Rozanne Bazinet, PhD [Psychologist] in Niagara Falls, N.Y. 716/285-5505
Robert Fritchie, Southern California [will travel] 714/596-0970
Carol & Warren Klausner, San Diego, CA [and across the U.S.] 619/294-9656
Place your left hand on the top of a piano with the top down and above the strings and strike each key at the holding stage of the breath. Start with the lower keys, and wait until you get a sympathetic vibration in your hand after drawing in and holding your breath. Note which keys make you feel this sympathetic vibration. You will be surprised to find that the tips of your fingers will selectively respond to different tones on the piano. This is due to the acupuncture points present at the tips of the fingers which act, through vibration, directly into the selective organs in the body. [Read a good book on acupuncture]. Do this first for the left hand and then the right hand. Note the selective harmonic stimulation through this medium for the fingers. Note the tones that produce these stimulations. Strike composite groupings of these tones to observe the systematic stimulation of the body. Tape record these sounds again and again, then play the sounds back holding your hand at different parts of the body. When there is a sympathetic vibration, the appropriate finger will flexure to that organ and vibrate in accordance with the stimulus of that sound.

Touch the crystal with your finger tips and repeat the experiment that was given previously. Observe the amplifying power of the crystal.

Take the crystal in your right hand and place it over the heart region with the tip facing the organ and now strike the notes of the piano and find those notes which stimulate the activity of the heart itself. You will experience this as an increase in charge causing the crystal to become more adhesive or sticky as you slide your finger over the surface. You will feel an empathetic or sympathetic vibration in your body. Your body will perspire and there will be a change in pulse rate. Keep a record of how the utilization of sound working through a crystal can balance and heal the physical body.


Through the kindness of Lao Russell, the widow of Walter Russell, an original copy of this treatise [published in 1953] was loaned to me. He makes a statement in this paper which is so very appropriate to the work we are doing in our laboratory. He says that God can be proven in the laboratory, and because of that, man can solve many hidden mysteries of the universe such as that of the sea, growth, life and death cycles, the purpose of the inert gases, electric records of all receptive effects and the true process of atomic structure. I have seen his orbital drawings. They are remarkable insights into the creative process of the Divine Mind. He says, "All thought waves, created anywhere, in any wave fields, become universal by repeating them everywhere, and through waves of expanded and compressed states of motion are fashioned moving patterns which simulate the forms of the creator's imaginings. All formed bodies thus created are made into His image."

Doczi in his book, THE POWER OF LIMITS, has beautifully precise
mathematical way of expressing geometric forms moving into sound and tonality. Space is an equilibrium which is polarized into four octave waves of invisible matter. But octave waves of matter, even though invisible, are not dust. These space octaves are the formative forces of matter. Matter is energy which spirals, spins and by its very action creates time and gravity. Centrifugal spirals multiply gravity to form the nuclei of borning systems. Centrifugal spirals divide gravity to radiate nuclei into dissipating systems. Wherever there is motion, there are two magnetic poles, one to control their contraction into matter and another to control their expansion into space. When matter swallows space, matter disappears. When space swallows matter, matter re-appears.

The energy in a crystal is spinning by the action of breath on the form and matter of the crystal. It can rotate in a right-handed spiral with the operating tip facing forward, and in a left-handed spiral with the operating tip facing backward. Matter, therefore, can be expanded by the operating tip facing forward and contracted by the operating tip facing to the rear.

Walter Russell's work is available through the Russell Foundation, University of Science & Philosophy, Swannanoa, Waynesboro, VA 22980

MEDITATIONS FOR CHILDREN

Highly recommended to us is a twelve-cassette program developed by Jonathan Parker. It is specifically for children whose parents, teachers or friends want to share the fun and immense benefits provided by using creative visualization in the form of 24 carefully guided meditation experiences. The tapes teach the art of meditation, self-reflection, and creative imaging and how to use simple breathing and relaxation skills to reduce feelings of fear, insecurity, anger, hurt, and frustration.

The exercises will help the child build concentration and increase attention span, understand thoughts and feelings, learn the value of cooperation and compromise, develop self-esteem and self-control, expand creativity and problem-solving abilities. Recommended for children starting at 3 years old, the set costs $49.00 plus tax, etc. and is available only through:

The Institute of Human Development, P.O. Box 1616, Ojai, CA 93023. 1-800-443-0100 ext. 356. These tapes are not available from P.R.I.

LETTER

Dear Marcel, Monday in Holy Week

Thank you for letting me sit in briefly on your workshop. I benefitted greatly!

Regarding the experiment on purifying water by pulsing it with a crystal [419], I have consistently obtained these results: The water becomes maximally clearer and purer if I have one of three pieces of music being played at the same time as the "pulsing." [a] Johann Sebastian Bach's piece for organ he wrote on his death/resurrection bed, "As I Stand Before the Throne of God." [b] Paul Robeson singing, "Climbing Jacob's Ladder." [c] Dvorjaks, "The New World Symphony."

Also if I chant or play a rossette of the Mantra "Om Namah Shiva," as Swami Chirilasanda does it. I consistently find that pulsing with an amethyst brings out the "receptive" qualities of water, pulsing with a quartz brings out the "active" qualities. I also pulse into the water the pattern of my original Divinely intended aura, not my aura degenerated by shock, etc.

Love, Rev. Neil Voigt - San Diego, CA
OCCULT SIGNS & SYMBOLS, Rudolf Steiner, Anthroposophic Press, Inc., N.Y.

This book goes into the discussion on the formative forces of the Akasha and, very importantly, the symbolism of various animal forms and their relation to the elements. As we look at our body in a symbolic form we begin to understand the remarkable fact that we are linked to the universe by the patterns, the forms that exist and around our body. Man is made in the image and likeness of God. When we can interpret the symbolic characteristic of our body experience, we can understand the meaning of these words.

TREASURES OF THE PSYCHIC REALM, Jack J. Studer, DeVorss & Co., P.O.Box 550, Marina del Rey, CA 90291

This book expands the knowledge and experiences of working with and through the astral body. Topics like astral projection, the astral body is an energy source, and how the astral body interacts with the physical body are covered. Get this excellent little 46 page book.

ROCK CRYSTAL: THE MAGIC STONE, Ed. Korra Deaver, Ph.D., Samuel Weiser, Inc., York Beach, ME 03910

A new book on the lore of crystals. The core of this little book is the section on gazing with a crystal ball. Chapter six on the care of the crystals is not correct. Clearing the crystals in sea salt or warm salt water destroys crystals. Cracks and crevices in a crystal will gradually be etched with salt. The best way to clean a crystal is to rub it with a few drops of detergent in tap water with your hands, and rinse with warm tap water and dry with a dry cloth. The best way to fully clear a crystal is with your intention of love and well-being, through the power of breath.

THE POWER OF THE PENDULUM, T. C. Lethbridge, Routledge & Kegan Paul, 9 Park St., Boston, MA 02108

This is the last book that Lethbridge wrote. It was incomplete at his death and, as a consequence, was finished by his wife. The book's worth is on pages 84 and 85 where Lethbridge found that for each element, a specific length to the cord of the pendulum and a specific number of oscillations of the pendulum around the element were required. Lethbridge states that "There must be a personal code number through each person and at present there is no clue as to how to find it. The whole question of heredity is an unsolved problem. Ancient people generated power by mass excitement and anchored that vibration in stones and/or trees. This brings to mind the Bible, where Christ reaches his hand out and calms the storm on the lake.


Here is a treasure of information, not only on the human anatomy, but on the responses of the body to various radiation. Thermography, ultra sound and computer assisted tomography are shown. You will get a more integrated feeling, love and appreciation for the remarkable system that we call our body. "Man, know thyself" books aid in practical self-knowledge. From this knowledge, we develop a deeper love of what we are, and what we are capable of doing and seeing. From this knowledge and love we can more effectively utilize our body functions and transcend our body into the higher states of being. Whenever you are doing work on the subtle bodies, the more profound your awareness and knowledge of the physical form is, the more exact the therapeutic healing process that takes place. To see the glands, the organs themselves and their location precisely in the human anatomy is vitally important. It aids you in moving from the gland into the chakra. Chakra are not covered here, but I use this book as a reference when I consult works by Leadbeater, Annie Bessant and Alice Bailey.
CRYSTALS AND LIGHT, AN INTRODUCTION TO
OPTICAL CRYSTALLOGRAPHY, By Elizabeth A.
Wood, Dover Publications, Inc., 180
Varick St., New York, NY 10014

Here is one of the finest books on
optical crystallography. Having the
book and taking a little time each day
with it will give you a clearer
understanding of crystals. From that
knowledge you develop love and
appreciation of them. This moves the
awareness for crystals away from
mysticism into a solid spiritual
awareness. In exactly the same way that
THE COLOR ATLAS OF HUMAN ANATOMY aids us
in the appreciation of the dignity and
beauty of our body while helping you to
develop a deeper knowledge and love of
the world of crystals.

RHYTHMEN DER STERNE, Joachim Schultz,
Philosophisch-Anthroposopischer Verlag
am Goetheanum, Dornach/Schweiz

Rhythms of the Stars is a German [no
translation known] text that is an
investigation of the actions of the sun,
moon and planetary bodies on one
another. He shows that there is a
periodic vibration and frequency to each
of the planetary bodies and that these
planetary bodies create a field on the
earth plane which has a profound effect
on the growth of plants and the
crystallization of salts out of
solution. This is part of the Stinerian
School of study.

SENSITIVE CRYSTALLIZATION PROCESS, A
DEMONSTRATION OF FORMATIVE PROCESSES IN
THE BLOOD, Ehrenfried Pfeiffer,
[authorized translation by Henry B.
Monges, Rev. by Erica Sabarth & Henry N.
Williams, M.D. 1967] 556 W. James St.,
Lancaster, PA

This work by Pfeiffer has been going
on since 1925. He has shown that the
addition to a copper chloride solution
on a petrie dish of 5 - 20% of various
plant products such as honey, animal
products such as human blood, and other
salts exhibit typical characteristics
and patterns of crystallization which
are a product of the interaction of the
addendum to the copper chloride, giving
an indication of the presence of a
formative force in each of these
materials. This force can be tied into
the subtle energies of a particular
chemical object or plant. He showed,
for example, a distinct variation in
crystallization pattern between a crooked
tree and a straight tree of the same
species. It is a very technical book
which we are working with at this time.

MOON AND PLANT, CAPILLARY DYNAMIC
STUDIES, Agnes Fyfe, Society for Cancer
Research, Arlesheim, Switzerland

This is a remarkable book showing the
influence of the moon and its position
on the sap of plants. The primary plant
that was used was the mistletoe and the
developing reagent was gold chloride.
This book shows us the cosmic influences
in and on plants. She states that the
part played by silicon in sand, rock and
stone is to receive the light, then make
it effective on the ground. The
implication here is that the light of
the sun and the moon are taken up by the
plant through the root system, then
stored in an energy field called the
"etheric formative forces." We should
also take into consideration the lunar
cycles in working with the crystals on
people. As time progresses, this
question will be looked at in this
laboratory.

THE GREAT EVOLUTION MYSTERY, Gordon
Rattray Taylor, Harper & Row, 10 East
53rd St., New York, NY 10022

The object of this book is not to
demolish existing theories but to
propose their expansion. There are many
unanswered questions on evolution. It
is good to have books like this to
create a series of questions on the
totality of acceptance of Darwin's
theories. It is essential that theories
be proposed, but they should not be
accepted on an absolute basis; we should
allow for other forms of counter-
thinking. The author tackles the
questions of how life comes into being
and the mystery of instinct. The book
is a clearly written challenge to the
thoughts of Darwinian theories.
INTRODUCTION TO SOUND & MUSIC

By Augie Blume

This past fall Marcel Vogel suggested that we begin a research project that would study the effect of sound on water as part of his ongoing crystal work. That project is in its early stages. He also suggested that I should begin to put all of my own research together to appear as a series of articles in the P.R.I. Newsletter. Sources for this material will be listed in a bibliography that appears at the end of each piece.

Over the past ten to fifteen years I have been researching a variety of sources, mostly Buddhist and Hindu texts, in order to gain a more thorough understanding of the origins and nature of sound and music. It has lead me in many fascinating directions, including all aspects of the electro-magnetic spectrum and the therapeutic use of sound and music in ancient societies.

Most writings on sound and music in the West treat them as pure physical science, but in the East they look at the subject from a more metaphysical standpoint, seeking the source from which all vibration manifests.

It is my wish that these articles will serve two purposes, (1) offering stimulation to the reader to further explore this most interesting subject, and (2) that the reader will respond with articles on their own research in this area, and suggestions for contacts with others who may be working along similar lines. Please send your ideas, comments, and contacts to Augie Blume, c/o P.R.I. Newsletter, 1725 Little Orchard, Unit C, San Jose, CA 95125

(Part I) THE INDIAN METAPHYSICS OF SOUND

The physics of sound has its origin in the theory of vibration. Within the limits of that theory lies the whole basis of the modern physics of sound. It basically states that vibration is the cause of all sound or that all sound is the product of vibration.

The Indian theory of the metaphysics of sound accepts this premise, but goes further in its description. It asserts that sound is essentially independent of vibration. There can be sound without vibration and that is the real and original nature of sound. Vibration is an effect, and only one of the many effects of sound. Sound is the creator and not the creation. This is the basic contradiction between physics and the metaphysics of sound.

The physics of sound is inadequate in a variety of ways. The first of these inadequacies lies with the physical ear, which is a very limited instrument, capable of hearing within very narrow parameters. The ear cannot hear either above or below its limited range. The full range of sound is infinite compared to the limited range of the ear. The physics of sound adopts the concept of silent sound, (both infra-sonics and ultra-sonics) to cope with this inadequacy. But it faces yet another difficulty when dealing with the character of the medium (earth/solid, water/liquid, air/ether) in which the sound is supposed to be heard. According to the physics of sound, the vibrations, whether audible or inaudible, are conveyed in waves over the land, water, or air in the atmosphere, by a series of compressions caused by resistance. But if you create a vacuum, the sound of the physics vanishes entirely.

The Indian metaphysics of sound states there is a static sound, which they identify as "the causal stress." This is a concept in creative, self-reliant dynamism, independent of any solid, liquid, or gaseous medium, the power of ideation as distinct from the power of expression or manifestation. What we call a vacuum is really a plenum instinct with the most powerful and subtle energy. What remains when a vacuum is created is not a vacuum, but "akasha" or "vyoman." Indian physics recognizes "akasha" as the subltest element, pervading all space. It contains, sustains, and coheres every object in the universe. It is the container without the content. It is immanent and transcendent. It is space which can be neither seen, nor touched,
nor smelled. It is a mental ideation which exists as long as mind exists, and as such space is infinite as long as mind exists. Since no such thing as a vacuum exists, the theory of sound being capable of existing in a vacuum cannot stand.

The next inadequacy of the physics of sound relates not to the origin of sound nor to its progress through a medium, but to its ultimate destiny. Where does the sound of modern physics go? Sound is said to dissipate itself. But where does it dissipate to? The modern physicist applies the theory of conversion of energy to say that sound energy in waves is converted to other energies. They do not address how it is converted, when it is converted, and into what form it is converted.

Indian metaphysics states that sound is never lost. Everything vibrates. The resting atom has within it the vibrating atomic solar system which is emanating cosmic radiations all the time. Sound lasts as long as the universe lasts as manifestation. Sound is the eternal condition and companion of the universe. Sound is absorbed in the element of "akasha" or "vyoman." Sound is the eternal witness. "Akasha" or "vyoman" is the home of all sounds.

(Part II) THE POTENCY AND POSSIBILITY OF SOUND There are different stages of sound, and vibratory sound is not its only stage. There is sound without vibration which Indian metaphysics describes as the "anahata" sound. "Anahata" sound is sound that is not produced by striking or vibrating. Its quality, capacity, sensitiveness, and range are far more powerful and superior to any vibratory sound. With "anahata" sound the very quality of sound changes.

It is this "anahata nada" sound or non-vibratory sound which can create, destroy, and recreate universes. Its capacities are measureless. It is a potency, presence, possibility, and preformance, all at the same time, past, present and future.

The central doctrine of this concept of sound is described in Indian metaphysics as "Sphatavada". Its essence can be described thus. There are always two sounds in the words we utter. One is the cause of the sound, and the other is the one that denotes the object. One sound exists in the mind before the second sound expresses itself in the uttered words. The nascent sound or the potential unmanifest sound in the mind is "sphota". This "sphota" is the Shabda Braman or Nada Brahman in the Indian metaphysics. Every thought or every idea is a sound. The moment you think, you make a sound, though you do not hear it. This sound is the mother of all forms which constitute the manifest universe. The garment is the outer expression of the idea behind it. The idea is the sound, the "sphota". The phenoemenon of this universe is the outer garment.

The cosmic consciousness oscillates between the potential and the kinetic. The initial stage from which the potential arises itself into the kinetic is the focal tension. In order to draw a definition or any form, the first requisite is a stress or focus, or else it is one blurred, undefined, unmanifest universal. The universal becomes individual by a tension or causal stress. It is this tension which is the primary sound. It is the source of creation. Sound is the creator and the progenitor. The "bindu" is the individualized wave on the undifferentiated "sindhu", the unruffled ocean of infinite possibilities. The "bindu" is the sound. The origin of creation is sound. Its destiny or evolution is stamped with sound "vanmaya jagat". In fact we live in a universe of sound.

(Part III) THE FOUR STAGES OF SOUND Sound is broadly classified into four stages: "para", "pasyanti", "madhyama", and "vaikharii". "Para" sound is the nascent static sound which exists prior to manifestation. It is the motionless causal "shabda", the sound without vibration, the self reliant sound
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*For all above orders include 10% postage and handling for the U.S., Canada and Mexico; and include 20% postage and handling for other countries. California residents add 7% sales tax.
The cut Crystals available through Psychic Research are as follows:

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- U.S., Canada and Mexico add postage and handling of $5.00 for 1 Crystal, plus $2.50 for each additional Crystal ordered. Other countries add $10.00 to ship SURFACE, add $20.00 to ship AIR.
- California residents add 7% sales tax.

When you order a crystal, complete the Order Form indicating type of crystal, what it will be used for, and enclose a check or money order for the cost. Love and care are put into the cutting of the crystals. The quality quartz crystal that we use is becoming more difficult to locate because of increased demand. Expect 4 to 6 weeks delivery under normal circumstances and 6 to 12 weeks delivery when raw crystal is on back order.

We would like you to consider and appreciate the value of the crystal you are ordering and make use of it in your life with love. You might want to attend one of Marcel's workshops on the use of crystals or if this is not possible, please note the video tapes that are available. With your crystal order you will receive an audio cassette tape that gives instructions on how to use the crystal.

If you break the tip of your crystal, we can retune (recut) it for you. The cost depends on the extent of damage to be repaired. ($25.00 to $100.00)

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**CRYSTAL HEALERS AND INSTRUCTORS AVAILABLE FOR TREATMENTS AND SEMINARS**

Marcel is now devoting the majority of his time to research. If you wish healing treatments or a speaker for seminars on the use of the healing crystal, contact one of the following.

- Rozanne Bazinet, Ph.D. (Psychologist) Niagra Falls, NY (716) 283-0089
- Robert Fritchie, (So. California) La Verne, CA (714) 596-0970
- Warren & Carol Klausner, San Diego, CA (619) 294-9656

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**OMEGA METATRONIC MACHINE**

The Omega IV and Omega V have been laboratory tested and found to be operational. They measure the charge in crystals, the charge present in water of various types and the charge present in homeopathic and Bach Flower remedies. An instruction manual for procedures and basic operation is included. Omega IV - Order # OIV, Price $1600.00; Omega V - Order # OV, Price $2600.00.

- U.S., Canada and Mexico add shipping and handling of $25.00; other countries will be billed (Surface $50.00+, Air $100.00+). Declared Value will be FULL RETAIL under all circumstances.
- California residents add 7% Sales Tax. Expect 8 - 12 weeks delivery.
PSYCHIC RESEARCH NEWSLETTER SUBSCRIPTION

The PRI Newsletter provides the reader with an update on current research projects, a variety of subtle energy experiments to conduct at home, seminar schedules for Marcel Vogel and associate speakers, book reviews and information on many other interesting topics. Give yourself and a friend a subscription. The Newsletter is published bimonthly (6 times per year) and the cost of the two year subscription of 12 issues is $25.00. (Add 10% for addresses outside of the U.S.) When you order you may request that some or all of the back issues be included (May/June 1984 to Present, $4.00 per back issue).

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MARCEL VOGEL'S CRYSTAL KNOWLEDGE WORKBOOK

The Crystal Knowledge Workbook is a composite of fascinating information, exercises and material that has been covered in Marcel’s seminars. The price of the August 1985 revised edition is $30.00 and the Order # is WB2.
- U.S., Canada and Mexico add 10% to order for postage and handling, other countries add 20%.
- California residents add 7% sales tax. Expect 4 – 6 weeks delivery.

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THE MIKESSELL WATER PAPERS

This consists of three papers: 1) Structured Water: Its Healing Effects on the Diseased State, 2) The Alchemy of Water, and 3) Cellular Regeneration. They were written by our chief researcher, Norman Mikesell, M.S., and are predominantly for researchers in the field of metabolic and degenerative diseases. The purpose of these proposals is to inspire researchers to design experiments using structured water, vitamins and minerals. Although the literature review includes both experimental and clinical data, it is in no way intended as a set of recommendations for the practising physician or healer.
The price of these three proposals is $30.00 and the Order # is SP-100.
- U.S., Canada and Mexico add 10% to order for postage and handling, other countries add 20%.
- California residents add 7% sales tax. Expect 4 – 6 weeks delivery.

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DONATIONS

Psychic Research, Inc. is supported solely by Marcel Vogel's lectures, sales of items on these pages and your donations. Thank you for allowing us to continue our research. Psychic Research, Inc. is a non-profit corporation and contributions are tax deductible.

Enclosed is my Donation of $
without any medium. Then it acquires the sense of movement which is non-particularized general motion known as "samanya spanda". The second stage is "pasyanti" sound, the visualizing or the visionary sound. It is as yet a mental sound. In its journey towards manifestation it reaches the third stage of "madhyama" sound, where it is associated with buddhi as cognition and intelligence. Indian metaphysics calls it the "hiranyagarbha" sound extending from "pasyanti" to the heart. "Makhyama" sound is the inner [namxy] by the cognitive quality of the mental movement. "Pasyanti" sound is the sound which sees: it is the visionary sound until it focuses its intelligence, when it becomes the cognizing sound of "madhyama". This cognizing sound cannot remain long without selecting. Then it bursts forth in selective sound, the uttered or spoken word or sound which is the last and fourth stage called "vaikhari" sound.

"Para" sound as the causal stress is the root. "Pasyanti" sound is the majestic trunk or stem which is its path of vision, the line of its growth, the "hrilekha" or heart line. "Madhyama" sound is its efflorescence. "Vaikhari" sound is the manifest fruit.

First the idea, second the view, third the apprehension, and fourth the achievement or manifestation. First the potential, second the causal, third the subtle, and fourth the gross. First the static, second the potential, third the kinetic, and fourth the radiation.

"Para sound" is the context.

"Pasyanti" sound is the text.

"Madhyama" sound is the selected chapter. "Vaikhari" sound is the individual word of that selected chapter.

This material was extracted from an article by Justice J. B. Mukharji, titled "The Metaphysics of Sound", which appeared in The Bulletin of The Ramakrishna Mission Institute of Culture. It was given as a lecture at their Institute in Calcutta, India on April 14, 1956.

HEALING by Dr. Rozanne Bazinet

As I was sitting down at my typewriter, I wanted to say something profound but realized that each minute of my day is a chance to feel the profoundness of life all around me.

My work with crystals is a work of service. The crystal is just a tool, a very powerful tool, but still a tool. If the user is not attuned, it becomes a mere exercise in magic. God is really the showman here.

I recently received a call of desperation from a lovely 76 year old woman. She had had several heart by-pass operations. She noticed an article in the local newspaper on my work and made an appointment to see me in her home. The moment I saw her she said, in a shortness of breath, "I need to talk. "Where shall I begin?"

I said, "Say nothing for a while." I took her hand and put my other hand on her shoulder. I asked God to bring peace to her fearful heart. She went to sleep for about 40 minutes. When she awoke we talked and I used the 6-sided crystal on her sore arm. So the question becomes, "When does the healing begin?"

All too often most people do not see that healing is going on all around us all the time. Then someone asks, "Why bother using a crystal?" Well, I believe that some tools are better than others. Crystals facilitate and accelerate time and space.

There are some key factors that must be kept in mind. The first is the desire of the individual to be healed. They really must want healing. Energetically, I see this factor as receptivity. The Lord loves a receptive heart.

Second is the willingness on the client's part to do what it takes to become whole once more. This step involves work beyond the use of the crystal. Once the client has been worked on with a crystal, he must work in the physical, mental and the spiritual levels. These other levels
must be dealt with because there is a restructuring that occurs. If this doesn't happen, the individual will revert back to the old patterns. Sometimes I suggest seeing a therapist to bring the emotional body into full awareness.

The third factor is the selection of a competent healer. The more attunement in the healer, the greater the flow of energy. Technique alone will not do it. As we love the Lord with our whole soul, our whole heart, our whole mind, our whole strength, and love our neighbor as ourselves [not more or less than ourselves], the resultant flow will be tremendous.

**WEEKEND AT JOY LAKE** by Jennet Grover

Norman Mikesell and I were fortunate enough to attend the first weekend session of Marcel's seminar at Joy Lake. A heavenly mountain workshop retreat located thirty miles North of Lake Tahoe and fourteen miles from Reno, Nevada, Joy Lake is nestled high in the Sierra Nevada Mountains. Everyone attending the lecture seemed energized by the surroundings and all were very responsive to, and inspired by, Marcel's lectures and demonstrations. Norman Mikesell, our chief researcher at the lab, lectured on structured water and its health and nutritional implications, magnetism, and kiva lights. Marcel covered everything from healing with crystals, working with dowsing rods, the value of egg-shaped crystals, and radionics, to some of his most personal, relevant experiences in the psychic realms.

We are all looking forward to the next Joy Lake seminar coming up July 18-25. Information on this seminar can be found in the Lecture Schedule section of this Newsletter. Seminars provide best means for you to obtain concentrated exposure to Marcel and to his crystal techniques.

**QUESTIONS**

**Q.** What effects are produced when you hold the healing crystal properly.

**A.** A four-sided healing crystal should be operated with its operating tip in the upward position. When you reverse the crystal so that the tip is facing downward, either the field will be emptied from the user's body or he will become more highly grounded. Therefore, hold the crystal with the operating tip angled up in either your right or left hand, whichever is comfortable for you. Close your eyes, go into the crystal and become one with it. The crystal generates a field that oscillates with the bio-energetic field surrounding the body. It acts like a properly tuned resonating crystal cut for a broadcasting station which transmits at a particular frequency. If the frequency is not proper, you can broadcast but no one will receive. If you are in tune with your crystal, there is a harmony, balance, and a state of wholeness and well-being.

**Q.** How do you close off the person, animal, or plant after a healing?

**A.** It is very important, after finishing a healing session, that you are sensitive to the reactivation of the person's subtle body. You can feel that as a vibration, a tingling, by holding the crystal on the witness area [thymus gland] in a vertical position, touching the body with the opposite hand on his back at the witness area and just slowly breathing and thinking well of the individual. As you do this, you will feel the vibration coming back into his body, his etheric body again functioning. Most importantly, you can depress the tissue with your left hand if you are holding the crystal in your right hand, and as the etheric body of the subject comes into balance, the tissue toughens, becoming more rigid. This indicates that the healing session is over.
things is to be gentle, to be loving. The final act of closing is to embrace the subject lovingly and give him an affirmation of well-being. This is true when working with a human, animal or plant.

Q. How do you know you have done this closing correctly?
A. You must first release all fear of whether the healing is correct or not. Put the treatment, whatever you have done, in the hands of the Divine Love of God who is the source of this energy. When you have completed the crystal procedure, turn over the continuation of the healing process to Him.

ANIMAL COMMUNICATION - GETTING THE MESSAGE by Penelope Smith

How do animals communicate? If I tune into their wavelength, what will I hear/perceive/receive?

Animals obviously communicate to humans and to each other through physical action, but they also communicate through thoughts, emotions and mental pictures. People receive the mental messages to the degree they are listening or are perceptive to them.

Animals receive communication in the same ways. Though many animals understand spoken language by learning the meaning behind words (just as we do), they get your intention, emotion, thought or picture, even if the words aren't totally understood. If you've ever had the experience of knowing what a person is thinking, perhaps even saying aloud the same thought simultaneously, or really getting someone's mental picture, you'll get the idea of how you can exchange communication with animals.

To give you some examples of the results of communication with animals... I will never forget Peaches, a small, black and white female cat who was left with me when her person left town. She was definitely a "scaredy-cat," hiding from people and other cats in the neighborhood. A few weeks after her arrival, she came in with a bloody bite on her back, where some cat had really laid into her. I cleaned and put ointment on it, expecting it to heal with no problem. Peaches, however, had other ideas. As soon as it would scab, she'd scratch it open. First aid was to no avail, as she was determined to get at that wound. The bloody area was no longer the original 1/2 inch but now extended 2-3 inches, and the hair around the area was falling out.

I sat down and counseled her as I would a human being. I asked her specific questions about the time before the problem, and she answered me mentally. She showed me mental pictures of how other cats scare and attack her. We saw past lives. She released a lot of emotional charge by facing up to these frightening incidents and felt much better. As we continued, she discovered that keeping the wound there and making it worse was actually a solution to the problem of being afraid of people and other animals. She figured that if she made her body very ugly, people and cats would stay away from her. It was working, though making her life miserable in the process. When she uncovered this former decision, she was very relieved and purred happily.

The remarkable results were that, by the next day her wound had scabbed over, and in about a week the hair had grown back so you couldn't tell she had been hurt. Even more amazing was that Peaches no longer ran away when people entered the room, but instead she curled up on their laps and purred! And she was no longer picked on by other cats.

Another example of how animals think, feel, communicate and understand was a consultation with a dachshund who had broken leg. He had his leg in a cast, but no matter what the vet or anyone did, he managed to get the cast off. The vet warned that the dog would be lame the rest of his life if the leg were not allowed to set properly. When I arrived, the dog was limping and rather grouchy. After a session of about 1/2 hour in which the dog talked
to me about his upset with his person where he thought she was abandoning him, so he jumped out of a moving truck to try to get back to her, and fully reviewing the events, trauma, emotions and thoughts surrounding the injury, he started running around playfully. He was so enthusiastic, we had to calm him down to ensure the leg wouldn’t be overstressed. He was now very affectionate with his person, and his leg healed quickly and as good as new.

I could give a thousand everyday examples of happier animals, who visibly change after being communicated with and understood by people. It may seem like magic but can be a normal part of living if you re-open and restore your native ability to communicate mentally with our animal friends.

[For further information: Animal Talk – A Guide to Communicating With and Understanding Animals, Penelope Smith, Pegasus Publications, P.O. Box 1060, Pt. Reyes Station, CA 94956 -66.00. For phone or personal consultations, 415/663-1247]

USING THE MEDITATION CRYSTAL by Alan Morway

When I first purchased a meditation crystal from Marcel Vogel, I was dazzled by it. I would set it beside me during my daily meditations but it didn’t seem to do anything except look impressive. Later, I began to realize that the meditation crystal has no special power of its own. Rather, it is a tool that an individual can use to amplify one’s meditation. Breath, intention, and energy should all be applied when one uses the meditation crystal. Breath is used to clear and program the crystal. Intention and energy are used to put a thought-form inside the crystal. Life force exercises (such as Aikido, Tai Chi or Chi-Kung) can all be used to develop one’s energy.

Breath, intention, and energy are all used simultaneously. The first method I’ve used is to program a thought-form into the crystal. To do this, one should first clear the crystal by pulsing one’s breath. Once the crystal is cleared, then one can hold the crystal and lock a specific thought-form into the crystal, which can then enhance a meditation because as an individual meditates, he will resonate with the thought-form held in the crystal. To explain why this works, I would like to use a quote from Marcel Vogel. “As the ancients knew, the crystal is the most perfectly organized state of matter existing in nature. It is precise, regular, and free from imperfections or impurities. Now, if we make ourselves one with something in a state of disorder, we then experience disorder. But if we make ourselves one with a perfect geometrical structure, our minds are processed through the shape of that structure. When the ancients entered into the perfection of the crystallographic form, becoming one with the sacred geometry of its pattern, they experienced the mystical perfection of the Divine Mind.”

You can use a mantra or a repetitious thought/sound-form to program a meditation crystal. The crystal should be cleared with breath. Then repeat a specific phrase over and over until it is locked into the crystal. Sound, when combined with intention, can manifest that intention into reality. A sound form that I like to use is “Let thy will be my will.” I usually use biblical Hebrew when sounding this because of the vibratory rate created by the sound form.

A third method using a crystal to take an individual back to a specific place. As Marcel Vogel teaches, “records are written in stone.” Clear the crystal, and then with breath, intention, as well as energy, project the thought of actually being at a particular location into the crystal. Then during meditation one can use the crystal as a vehicle to return to that location.

In 1984, during Marcel Vogel’s first Joy Lake workshop, Marcel instructed his students to plant crystals into the ground at various locations so that individuals could mentally return to Joy
Lake at will and also to raise the vibrations of the area. The crystals were programmed with the thoughts of love and well-being.

A crystal can be used to project into the future. That is, you can project one's higher self into the crystal to go to higher planes for information. A crystal can also be used as a focusing device for channeling knowledge. Crystal balls have been used like this. Crystal balls can also be used to aid people to travel to other dimensions. In this way, they can be used as an aid for shamanic journeying. Last year, at Joy Lake, Marcel Vogel, Rupert Sheldrake, Jill Purce and I sat together at Lake Tahoe. Marcel had all of us project ourselves into the crystal, and from there into Lake Tahoe to communicate with the elemental forces in the lake.

A crystal can be used to help facilitate telepathic communication. One person can program a crystal and use it in meditation to link his thoughts with the person he received the crystal from. This is especially useful if an individual has or wishes to establish communication with a teacher. The crystal can then help link the thoughts of the student and teacher when the teacher has programmed a specific vibratory frequency into the crystal.

A crystal can be used as well in group telepathic communication. For example, if several groups at various locations meditate at the same time and each group uses a crystal, this can help amplify the communication. If the groups project thoughts of world peace into the crystal, those thoughts will be transmitted outward with a stronger thoughtwave.

In conclusion, it is the individual who uses a crystal, and not the crystal itself, that allows the crystal to be an effective focusing device. Because of the crystallographic form of a crystal, it is an excellent medium for the transfer of energy.

PROFILE

JUDY (DECOSTER) MINGO has returned! We are pleased that after an eight month absence, Judy has decided to rejoin the research staff at P.R.I. She has expanded her previous position as a microscopist to include seminar scheduling and supplemental panic control. Judy has a Masters degree in Physical Science, and an extensive background in holistic health and business management.

SOME OF THE DO'S AND DON'TS OF RADIONICS

by Jennet Grover

Do believe the machine will do what it is supposed to do. A pre-conceived negative idea will affect the machine's ability to produce repeatable results. A positive attitude will similarly affect the results.

Don't assume that the values others give to a substance are the only values a substance can have. We have shown over and over again that the values attributed to a particular substance are not always static. We have not yet concluded whether these changes in value are due to planetary influences, the operator's state of well-being, or which of the many other variables are capable of affecting the readings.

Do practice with the machine. This is sensitive work and the sensitivity is a skill that must be developed, much the same as when you practice with the crystal to learn to "feel" its charge. After working with the Omega 5, Marcel found that he was able to get not only the primary note/reading/vibration for a substance, but in further exploring, was able to discover the harmonic of that note.

Don't work in a room with an uncomfortable environment. Be sure the lighting, the temperature, the external sound levels and even the people are not abrasive. The energies in the room must be suitable for undisturbed concentration.
Do stick with a small set of stable samples, such as the metals (gold, silver, copper, etc.) which you might assume are least likely to be affected by external influences and most likely to yield repeatable results.

Don't expect all Radionics machines to be the same. Since a set explanation for how these machines work has not been clearly established as yet, the machines in existence may respond differently to similar stimuli. You might be more responsive to the stimulus of light, whereas another might be more greatly affected by sound.

The field of Radionics equipment development is still in its infancy. We are doing our part to investigate and explore the improvements to existing machines as well as looking towards the necessity of creating a new version of our own. Suggestions from our participating audience are always welcome.

CRYSTAL MATRIX MEDITATION

A powerful meditation for healing the Earth is created by the visualization of a Crystal Matrix. Visualize the exoskeletal form of a geodesic sphere surrounding earth. The sphere is made up of hundreds of triangulations with a crystal at each nexus [joint].

By your conscious intention bring the divine spark of light and love to the north, then south polarities, followed by each of the nexus crystal points. As the polarities are ignited by the Divine Spark, the whole matrix becomes illuminated through its circuity. The Earth is then seen as a brilliant sphere of radiant crystal light with a luminescent halo. The associated feeling of love generates healing and well being for the entire earth.

We could heal the Earth in this manner. We should share our experiences as we daily improve the energy of living on, what Bucky Fuller called, "this space ship Earth". In light & love, Fe-Lyn.
MARCEL VOGEL'S LECTURE SCHEDULE FOR 1986

JULY 5 & 6 WEST GERMANY
"TRANSFORMATIONAL HEALING WITH CRYSTALS," [Rita Haack, von Millerstr. 4, D-8085 Geltendorf 2, P.R.G. 011+49+8195-1655]

JULY 11-14 WEST GERMANY
"THERAPEUTIC USE OF CRYSTALS" [see above]
"INTRODUCTION TO THE JOY OF LIVING" Fri.pm, Sat. & Sun.; "THE JOY OF LIVING" Sun.pm - Fri.noon
[Contact Gilbert, P.O. Box 1328 Reno, NV 89504 702/849-1169 or 702/322-0378]

JULY 18-25 JOY LAKE, NV
"INTRODUCTION TO TRANSFORMATIONAL MEDICINE" Fri.pm-Sun.; "TRANSFORMATIONAL MEDICINE" Sun.pm - Fri.noon
[Contact Gilbert, P.O. Box 1328, Reno, NV 89504 702/323-0378]

AUG.29-SEPT.5 JOY LAKE, NV
"A WORKSHOP ON CRYSTALS AND HEALING", at Marriott Marquis Hotel, N.Y., NY. [Contact Warren Klausner, P.O. Box 33537, San Diego,CA 92103 619/293-7319]
"CRYSTAL ENERGY CONNECTION" [Contact Anne Komar 402/558-4477]

OCT.11 & 12 NEW YORK, NY

NOV.7 - 9 OMAHA, NE

BOB FRITCHIE'S WORKSHOP SCHEDULE FOR 1986

JULY 12-13 CLAREMONT, CA
"ADVANCED HEALING", at Griswold's Inn, Sat. 9:00am to 5:00pm & Sun. 8:30am to noon. A Vogel cut quartz crystal required. [Bob Fritchie, 1158 Oak Knoll Terrace, La Verne, CA 91750 714/596-0970]

AUGUST 9-10 CLAREMONT, CA
"FUNDAMENTALS OF SELF HEALING", at Griswold's Inn, a natural quartz crystal is required. [as above]

JULY 26-27 CLAREMONT, CA
SEPT. 6-7 CLAREMONT, CA

Note: Bob Fritchie was Marcel's right hand man when this laboratory was formed. He is a member of the board of directors of P.R.I. Trained by Marcel Vogel, he has completed an impressive amount of research toward his own understanding of crystal healing. He is available for private seminars on crystals and healing. Bob is a Registered Professional Engineer and Management Consultant.

CAROL AND WARREN KLAUSNER'S SCHEDULE FOR 1986

JULY 13 SAN DIEGO, CA
"CRYSTALS AND THE FACE", [Contact the Klausner's P.O. Box 33537, San Diego, CA 92103. 619/293-7319]

JULY 26 SAN DIEGO, CA
"CRYSTALS AND RAGE" [as above]

AUG. 2-3 SAN DIEGO, CA
"CRYSTAL HEALING WORKSHOP - LEVEL 1" [as above]

AUG. 9-10 SAN DIEGO, CA
"CRYSTAL HEALING WORKSHOP - LEVEL 2" [as above]

Note: Carol and Warren Klausner present Crystal Consciousness Seminars throughout the country. They have studied with Marcel Vogel since 1981. Carol and Warren are certified Jin Shin practitioners. Theirs is a balanced approach combining the scientific training of Marcel with the ancient healing practices of the Native American traditions.
"THE THERAPEUTIC USE OF HEALING CRYSTALS #1 [VT101] is Dr. Vogel's introductory tape on crystal healing. This covers the development of the crystal technology, basic information on quartz crystals, breath, prana, dowsing, techniques of self healing, and a step-by-step description of how to prepare and use a healing crystal. "THE THERAPEUTIC USE OF HEALING CRYSTALS #2 contains eight healing demonstrations by Dr. Vogel for more advanced observation of the techniques.

VOLUNTEERS
The lab has need of services in the following areas: typing, artwork, word processing, editing, clerical, grant writing and research. If you wish to help, please contact us at 408/279-2291. Thank You!

HAWAIIAN SEMINAR TAPES NOW AVAILABLE
"THE HAWAII SEMINAR #1" [VT201] and "THE HAWAII SEMINAR #2" [VT202] join "THE THERAPEUTIC USE OF HEALING CRYSTALS" [VT101] and "THE THERAPEUTIC USE OF HEALING CRYSTALS #2" [VT102] in our library of available tapes.

The Hawaiian Seminar #1 discusses breath control, thought-form, the leaf experiment, dreams, the chakras, trauma stored in tissue and bone, the thought-photography camera, the soul, water, ley lines, Kundalini energy, Russian psychic technology, and observations on the effects of a healing via iridology. The Hawaiian Seminar #2 discusses basics on crystals, Herkimer diamonds, polarity of the crystal, use of the healing and meditation crystal, how to use the crystal ball, the crystal skull, missing persons, balancing the body with a crystal, and more. Each of the Hawaii videos run four hours in length. The price for each of these videos is $60.00.

PSYCHIC RESEARCH INC.
1725 LITTLE ORCHARD ST. C
SAN JOSE, CA 95125
408/279-2291