F. W. Cope has suggested that the presence of cholesterol molecules in nerve cell bio-membranes may be the basis of biological superconductivity.

Recent research has found the discovery of superconductivity in a new class of thin films, bio-molecular layers composed of a metal and a semiconductor separated by organic molecules (M. H. Halpern & J. H. Van Dyke - "Biological effects of very low magnetic fields and their implication for space exploration", Aerospace Medicine 37(3), 281(1966).

A. P. Dubrov believes that the Kirlian effect supports the hypothesis of biological superconductivity. The Kirlian effect is produced by the application of a high voltage, high frequency field to a biological object over a photographic film.

The subjects' body emits cold electrons which appear as bands of energy on the film. These bands are responsive to the emotional state of the individual. Such a process is only possible if superconducting regions are present on the biological membrane.

In biological thermodynamics research, experimenters have shown that although the metabolizing cell is performing internal work, heat, is not generated and hence entropy does not increase. The cell has a unique mechanism of heat removal. It involves continuous microphasic transitions of intracellular water and proteins from the liquid to the liquid crystalline state.

These transitions interact to form the "superordered" (liquid crystalline) from the "disordered" (liquid state) state. These interdependent liquid crystal transitions constitute a unique mechanism for the creation of negative entropy in living systems, where the energy normally absorbed as heat is instead transformed into a high energy liquid crystal state.

Trinchina directly states that "water inside the cells is in the state of maximum order in a state attainable in non-living systems only at absolute zero." We therefore must assume that biological processes take place at very large negative temperatures, or in living systems, by the operation of a special mechanism of action of the biogravitational field where specific conditions are created.

There are effects dependent on molecular membrane biological superconductivity. Acceptance of the fact of biological superconductivity opens up a way for the solution of many fundamental biological questions. In a Josephson junction, the non-superconducting bridge is subjected to the effect of the external field and extremely small changes in the strength and direction of this magnetic field sufficient to produce large changes in current.

If we regard the living organ as a single pseudo-crystalline structure, then particular links in this integral chain can be regarded as large Josephson superconducting junctions or loops. We know from the physics of superconductivity that the greater the area of a Josephson junction (or Cooper loop) the greater its sensibility to an external magnetic field.

People who detect underground moving bodies of water (dowsers) have exceptional sensitivity to weak magnetic fields \(10^{-7} - 10^{-14}\) gauss. The pendulum or rod in the dowser's hand, is
merely the indicating needle of the human being's intricate, superconducting, sensing instrument.

We generate external fields with our mind which act on the cells in our body to create cold electrons. These cold electrons can be accelerated to be internal magnetic and external magnetic fields. The cold electrons can also be acted on by the earth's geomagnetic fields as well as the fields coming from the sun and other planetary bodies. These fields can cause the electrons to be accelerated, ionizing the gases in the atmosphere surrounding the body, producing a cathodo-luminescence of these gases.

These electrons may also structure water that is in the fluid part of our body, including the blood stream. They may also be responsible for charging a crystal to be utilized for information storage or for therapeutic purposes.

A natural quartz crystal, when cut into a double-terminated form and carefully polished, resonates to the vibration of water itself. Using the Omega 5 instrument, designed by Daniel Perkins, we find that water and the crystal both have a fundamental vibration of 454. Holding the crystal in your hand, focusing your mind on the crystal, and pulsing your breath, a vibration is stored in the crystal which now can be measured by the Omega machine. This field in the crystal is electronic. By virtue of the definition of electronic: 1) erasure of this field can be made by a bulk demagnetizer. 2) the field can be amplified by a secondary coil around it. 3) the field can be resonantly transferred to another crystal with no loss of this field. 4) the field can be resonantly transferred to water and the changes in this water can be measured by gauss meters, spectrophotometers (both infra-red and ultra-violet), pH meters, dielectric conductivity meters, and surface tensiometers.

We are dealing, in this energetic transfer of charge from a living system to a crystal, with another factor with which we have not yet had to fully cope, namely, the dynamic characteristics of this energy. By this I mean that THE ENERGY STORED IN THE CRYSTAL WILL CHANGE IN ACCORDANCE WITH THE CHANGING FORCES AROUND THE BODY OF THE PERSON WHO ORIGINALLY HELD THE CRYSTAL IN HIS HAND. The subject can be thousands of miles away and still an operator can detect the energy level of the subject by measuring the field of the subject imprinted into the crystal when he held it in his hand.

It is also possible to treat with homeopathic or Bach flower remedies through the crystal by means of this energy transference.

We are made in the image and likeness of God. To find and express this Divinity is the key act of living on this earth plane. "Man Know Thyself." How do we do this? By the observation and study of self we can come to an understanding of the power and forces that exist within us. When we can release these forces in a controlled manner we start the process of experimentation. By parallel evaluation of our results with the writing of others we will find both
confirmation and confusion in what we have observed. It is from this point that we begin to learn and grow.

EXPERIMENT NO.56 KINETIC

List of Materials:
- 2 styrofoam plastic cups
- heavy duty thread and needle

Drive a needle with 32 inches of doubled thread into the center of each cup. Knot the end of the thread so that it will hold the cups in a bell position about 3/4 inch apart when you hang them. Put your hands on the first styrofoam cup, focus your attention on putting your energy into the cup, take a deep breath and pulse your breath. Hold for a moment and then suddenly remove your hands from the cup. Repeat with the second cup.

Being careful not to create a breeze, focus your mind on one side of a cup and "will" the cup to move to the other side. You will begin to see motion. When that takes place, focus on one cup and breathe in. Focus on the other cup and breathe out. To get a more sensitive indicator of motion you can attach a string as a weight for an indicator of the motion of the styrofoam cup. Also, the rotation can be detected by putting a black mark on the rim of the cup. Without focusing your mind, use your hands to interact with the charges that are attached to the styrofoam cup. Observe the difference in movement of the charged cups with the left hand and right hand.

Please send your results so that we can publish them in a newsletter.

EXPERIMENT NO.57 THE EFFECT OF LIGHT AND COLOR ON THE BODY

Materials required:
- 1 incandescent light source (75-100w)
- 1 red and 1 blue filter

Hold your left palm about 12 inches from the light source. Experience the effect on your body from this light striking your hand. Then have someone place the red filter over the light source and see what effect it has on your palm. Have him remove the filter and experience the difference. Then place the blue filter in front of the light source and again feel the difference. Doing these experiments will open your sensitivity to working with crystals and color. Repeat the experience with the opposite hand and record your results.

Baron Von Reichenbach did these experiments, with sensitives, in 1855 and I will tell you the results he obtained in the next newsletter.

ORTHOGONALLY ROTATED ELECTROMAGNETIC FIELDS
by Robert Crane

In defining the nature of superphysical energy, it is necessary to begin with the known energy of electromagnetic fields. These fields may be oscillated (or given the property of frequency), held in one place, or given a circularly polarized or standing wave condition, and then energized so that any electrons present are accelerated to velocities beyond the speed of light. Under these conditions, superphysical standing waves of great potential energy are created. It is these waves that are intelligently organized and constitute the supernatural or spiritual dimensions of reality. The fields are in a scalar rather than vector condition and exist entirely beyond the speed of light, so they are not detectable with current instrumentation.

The fields may be produced by generating a standing wave and giving it a charge bias, so that its positive and negative amplitudes are unequal. Under these conditions, the waves may be captured and held by a rotating magnetic field and have additional (from any outside source) energy put into the wave as well. This phenomenon is equivalent to the circular polarization of light and
to the laser, where energy is temporarily held within a crystal and then discharged through pulsing.

Electromagnetic energy pulsed outward has an equal and opposite reaction in its inward movement of a field of force, known as the nuclear force. These combined motions may be defined as a series of ninety degree (right angle), orthogonally rotated electromagnetic fields, which, when properly organized, may influence and control the formation of energy into matter, and may also result in the rapid transformation or crystallization of matter.

The proper means for controlling these fields is through the development of synchronously pulsed fields that radiate at angles to one another. The pulsation is a square wave or DC discharge that is organized according to harmonic law, or an harmonic series of octaves, fifths, thirds, sevenths, etc. The organization of these harmonic series produces waves which peak at specific nodal points. Since the waves are orthogonally rotating, these peaks organize space into definite geometric forms or structures, such as pentagons, hexagons, and other polygons. SPACE, in effect, IS STRUCTURED OR FACETED, MUCH AS A CRYSTAL IS FACETED, INTO A GEOMETRICAL FORM.

The geometrical organization of the orthogonal electromagnetic fields can be seen in the lattice organization of crystals capable of transducing this energy, and of organic molecules such as the liquid crystal cholesterol and even the double helix DNA molecule. It is the resonant, harmonic transfer from field to crystal to organic molecule that changes the nature of matter by causing it to crystallize.

Any electromagnetic spectrum may be analyzed and certain critical frequencies obtained which, in turn, will produce a resonant transfer of energy from the quantum electron level to the electron spin level. In turn, electron spin frequencies may be combined and heterodyned until the next level of organization, the proton spin frequency, is reached. The harmonic interrelationship between these levels of matter - the quantum or active electron, the rotating orbital electron, and the stationary proton - leads to the transmutation or crystallization of matter in very short periods of time.

BOOKS by Marcel Vogel

The books that we received this month contain a wide range of disciplines. It is valuable for us to expand our range of reading so that we take in both esoteric and traditional teachings. We must keep ourselves grounded in our outlook towards what we consider reality as well as towards the higher levels of consciousness that come through the psychic and spiritual senses.

We had a very pleasant visit with noted author Brad Steiger and he gave us copies of some of his books which we have included in this review. American Indian Magic, Sacred Pow-Wows and Hopi Prophecies, by Brad Steiger, Inner Lights Publications, P.O. Box 753, New Brunswick, NJ 08903, 1986. This book goes into the Hopi and other Native American rituals. Steiger gives a very descriptive narrative of what some of the medicine men go through when they practice their activities. This is part of our tradition in this country and we must respect and understand the knowledge that these people have of the spiritual forces with which they work. This gives us an opportunity for a vision quest. Revelations, the Divine Fire, Investigations of Men and Women Who Claim to be in Spiritual Communications with a Higher Intelligence, by Brad Steiger. Prentiss-Hall, Inc. Englewood Cliffs, NJ, 1973. Brad Steiger has recorded revelations of hundreds of people who claim to have received messages directly from God, spacemen, angels, guides or other supernatural entities. He comes to
the conclusion that the single source of these messages is an outside intelligence. It requires careful reading and judging for yourself. At various times in our lives we are given these messages. In most cases they come directly from our own inner light or soul. We must take care in testing these messages meticulously. This type of informational source can very easily delude and carry us away.

Stella, One Woman's Victory Over Cancer by Stella Andres with Brad Steiger, Synergy Books, Tempe, AZ, 1986. This documents the tremendous power of healing that exists within each of us. The sharing of love and compassion intensifies the transformational processes in each one of us. Out of Stella's journey through feelings of abandonment comes a remarkable story on the power of prayer and the importance of maintaining the constancy of focus in bringing ourselves back to a state of health and well-being.


Day of a Stranger, by Thomas Merton, Gibbs, M. Smith, Inc. Salt Lake City, 1981. These are the reflections of Thomas Merton, one of the great Roman Catholic mystics of our time. He transcended the cultures of the world and came to observe and respect the teachings of Zen Buddhism and of Yoga.

It brought him close to nature and instilled a respect for the oneness of all of life. Down through the years I have loved and respected his writing. He has suffered much, but in that suffering he has been brought close to all of us, to his Father in Heaven and, above all, to his faith that resides in him. Another gift from Peter McLagan.

The Gentle Jungle, by Tony Ringo Helfer, Brigham Young University Press, Orem, UT, 1986. A gift by the author. A wonderful account of her ability to communicate with animals. To make friends with lions, tigers and to be able to communicate with the hyenas. Hyenas are seldom acceptable to humans. She was able to break through their reticence in a very loving relationship. It brings to mind the oneness with all things. Mother Nature, the lion, the tiger, and the ape are wonderful teachers of the dignity of communicating with life itself. My own experience, with the Philadendron plant has opened my mind and heart to an awareness of man's remarkable destiny. We are able to communicate with all nature with our minds and hearts. Tony speaks of a gentle jungle. When you are gentle, the animal is usually gentle with you. When we love our fellow man we are loved by those around us.

THE PHYSICAL NATURE OF THE AURA
By Robert Crane

The physical nature of a living organism's aura or energy body is best defined in terms of "orthogonally (at right angles) rotated electromagnetic fields." These ordinary electromagnetic fields have been given the property of polarity or charge. Their positive and negative amplitudes are not equal, which implies charged. Once in this charged condition, an ordinary wave may be captured and held by a magnetic field. This is identical to the effect of any magnetic field (such as the earth's), where charged particles from the sun are
held within the magnetic field and oscillated between magnetic north and south poles.

The overall effect of charge, magnetism and rotation is to create the phenomenon of the standing electromagnetic wave, which alternates back and forth between poles as it rotates. The alternating motion may be thought of as a form of alternating current with a frequency defined by the rate of back and forth motion.

In addition to being charged and held in one place, these electromagnetic waves are rotated through a plane that lies at ninety degrees to the original direction of the wave. This again is similar to the earth's field or "body" of charged particles which rotate around the equator at 90° to the original North-South magnetic field. In the earth's body of charged particles, the Van Allen belts, protons and electrons move back-and-forth between magnetic poles, oscillating in "spiralizing circles" as they do so. They "precess" (rotate counterclockwise as a body) around the earth's equator. These masses of charged particles constantly broadcast low frequency radio waves to the surface of the earth. The Schumann resonance from 6Hz to 8.2Hz is the fundamental frequency for the earth and its life forms which are very sensitive to these low frequencies.

As the standing wave rotates, however, another frequency develops in the form of a pulsed discharge. This secondary frequency may be thought of as a direct current or square wave pulse.

The physical action of these secondary frequencies is similar to that of a laser, as ordinary light waves (alternating current) are sequentially added together until their discharge occurs at the secondary (direct current) frequency. AC thus builds to a DC pulse, as occurs in small integrated circuit oscillators.

The action of the OREFs (orthogonally rotated electromagnetic fields) is to produce a standing or permanent field in one place which has the property of being beyond ordinary space and time. It is, in fact, achieved by accelerating the electron up to the speed of light, where this permanent body of energy comes into play, forming itself in three dimensional opposition to the ordinary electromagnetic fields of the accelerated electron. This effect is seen in the phenomenon of a particle that is accelerated up to the speed of light. It is unable to actually achieve this velocity because of the opposition of this energy body or "ether." The ether pushes back on the accelerated particle with whatever force is necessary to prevent it from achieving the speed of light.

Electrons that have been accelerated through spiralizing structures such as a crystal or an organic molecule such as DNA or cholestrol will produce these OREFs and thus interact with the ether or ethereal body that surrounds all matter. The actual means of interaction is the neutral particle known as the neutron. It is known that atoms consist of protons (positive charge), electrons (negative charge), and neutrons (no charge). Neutrons consist of a proton-electron pair plus a small amount of extra mass. The neutron's electron orbits its proton just as an ordinary electron orbits the positive atomic nucleus, however, its orbital velocity is beyond the speed of light while ordinary electrons orbit with sub-light velocities.

The true picture of the atom therefore is of paired charges that orbit at a distance from each other, at sub-light velocities (the protons and their corresponding orbital electrons) and at close range with super-light velocities in the neutron which also consists of a proton-electron pair but at a much closer distance.

Within any atom or molecule, no matter how simple or complex the structure, ordinary electrons may be accelerated up
to the speed of light, as in large particle accelerators such as the ones at Stanford and Berkeley. As they do so, the neutron-electron decelerates down to the speed of light and an exchange through resonance occurs. What is exchanged is the information that is encoded upon the electron wave structures, whether sub-light or super-light. The neutron therefore is a transceiver which acts to transfer electron actions from the DNA and other organic molecules to the permanent ether that lies both outside as well as within the body. The three dimensional lattice structure of a crystal also acts as a transceiver or moderator of these interactions between the material dimensions of the electron and its non-material or "spiritual" counterpart.

Spiritual energies, therefore, consist of "balls of super-light energies" or orthogonally rotated electromagnetic fields that exist permanently outside time and space, beyond the speed of light. Their physical nature accounts for the difficulty that we have had in detecting them with existing instrumentation, for only instruments that have been constructed entirely of crystalline materials, including crystalline conductors that are able to superconduct electrons at the speed of light, are capable of detecting these energies.

The three dimensional space that we live in is the product of the interactions between etheric energy bodies and spiraling material structures. In addition to the three dimensions of space, there are at least three more parallel dimensions which produce: 1) the electric field of static or separate charges, 2) the nuclear force field that binds all matter together, and 3) the magnetic field.

These three extra dimensions (the fourth, fifth, and sixth) are defined according to Nikola Tesla's conception of the physical universe as consisting entirely of three states (conditions) or modes of action: frequency, pulse, and energy. The electric field is composed of alternating frequencies that separate into positive and negative charges. The nuclear forces are an inward collapse of these energies as the AC frequencies build to a DC pulse or discharge. These forces also produce space as a by-product. Finally, the rotating standing wave produces the magnetic field which structures energy into matter. That is, specific protons and electrons are directed by the magnetic field to form into specific geometrical structures or crystals.

Outward propagating electromagnetic fields are countered by the inward collapsing nuclear force fields, thus causing energy to be held in the form of matter. This corresponds to AC and DC, or frequency and pulse. The rotating magnetic field coheres this energy into form.

In summation, the aura is a combination of physical fields with the following major qualities: 1) they are orthogonal, folding over, one upon the other, 2) they have a static or scalar energy potential, as a large body of water has potential energy before it goes through electric generators, 3) they are in the form of a standing wave, 4) they have spiraling back and forth motions beyond the speed of light, 5) the many wave frequencies contain the information that is every thought, emotion and deed in the person's current life as well as in the past or former lives of his soul, and 6) they are in a constant state of motion and energy exchange with the DNA molecules of the physical body. 7) The many nodes of the rotating orthogonal waves organize space into definite geometrical pattern in space as described by Bucky Fuller in his book Synergetics.

TEDDY SAY, "IF YOU CAN'T BEAT THEM, HUG THEM".
ADDENDUM by Robert Crane

One of the most startling and unexpected of recent technological developments is the discovery that the superconduction of electrons, (i.e., electric currents) may occur at temperatures well above the previously discovered range of near to absolute zero (0° Kelvin).

At the University of California at Berkeley, a superconductor that conducts at up to 40°K has been fabricated from an otherwise ordinary element.

Superconduction may soon be possible at near-ambient temperatures. This discovery has two major implications. On the theoretical level, a new atomic model that allows for and predicts that superconductivity must be developed. On the level of practical application, the "speed-of-light" conduction may be predicted (electrons within superconductor wires).

The successful fabrication of ambient superconduction will allow for much faster computer calculations than are now possible, using copper wires which allow electrons to accelerate to no more than about one-two hundredth the speed of light. In addition, we would expect a revolution to occur in the design of electrical power equipment (motors, generators, etc.), as very large currents, and consequently very strong fields, may be carried by very small superconducting wires.

It is possible that with electrons accelerating at near the speed of light, phenomena of an "exotic" nature, entirely new to the field of modern physics, may occur. As postulated by less-than-orthodox scientists, the very dense and powerful electromagnetic fields that would occur for superconducting electrons may lead to the following: 1) the discovery of "ether" which accounts for such relativistic phenomena as the apparent increase in mass that a particle undergoes as it is accelerated to the speed of light. In reality, this may be caused by the development of a force field which comes into play to oppose the motion of a particle as it approaches the speed of light in velocity, 2) the extraction of free energy, in apparent contradiction of the law of conservation of energy, from the "relativistic" conditions prevailing at the speed of light, 3) the successful isolation of the gravitational force and an understanding of its relationship to known forces and interactions such as the weak electromagnetic field, 4) the discovery of the fundamental relationship between energy and matter that must exist for all subatomic particles, 5) the discovery of the physical basis of thought and of the operation of the mind, a subject currently only dealt with by the psychic, psychological, and religious sciences.

The so-called "soft" sciences are devoid of "hard" cause and effect laws and relationships, 6) the discovery of a Grand Unification Theory that provides us with an explanation for all known fields: the gravitational, nuclear, electric, and magnetic as well as the phenomena of mass, space, and time.

These speculations are interesting but beyond the limited scope of ambient superconduction that currently exists. However, it is always necessary to consider the moral and social implications of our scientific work.

We have discovered a basis for the selective superconductors of only a single electron, at a single quantum energy state, thru a perfectly crystallized material, that is, a crystalline substance, which is a perfect, unobstructed matrix with no occlusions. If the matrix is occluded, then the occluded area acts to block the flow of superconducted electrons and superconduction is reduced to electrical resistance and heat.

The successful fabrication of ambient superconduction involves the growth of perfect crystals under field conditions
(both electromagnetic and sonic) which duplicates the resonant frequency patterns for the molecule that is to be grown or crystallized. A small perfect crystal may then act as a seed for the growth of larger crystals that will also be perfect in their internal structure.

Current technologies use low vacuums, low temperatures and high pressures to grow (produce) near-ambient superconductors. These applications are not required, with the exception of the vacuum as the only correct "resonant" environment necessary to grow perfect crystals.

Once the superconducting crystal has been grown, it will superconduct electrons at specific alternating current frequencies and AC-DC voltages. These frequencies are determined by the same mathematical process which is used to select the superconductor and its compound single superconducting valence electron. The superconducting electron may be defined as that valence electron whose quantum energy is a whole-numbered, harmonic ratio to the mass-energy value of the electron.

The corresponding AC or DC currents which are carried by the superconductor must also be a numerical harmonic of the electron’s lowest ionization potential. This specific energy level will allow a single continuous chain of electrons to superconduct thru one chain of molecules within the crystalline matrix. A large cross-sectional group of molecules would allow the superconduction of a corresponding number of electrons.

In current superconducting technologies, an attempt is being made to develop superconductors without an adequate theory of superconduction. A short-coming of these theories is that superconduction is dealt with only in terms of quantum theory, which describes the movement of electrons between different atomic orbits, and not in terms of a more comprehensive theory which would successfully integrate quantum theory with electron spin and proton spin theories. Such a theory would describe the total frequency spectrum of the atom in terms of its three physical levels: the proton, the electron and the quantum emission of light.

The only feasible means of achieving ambient superconduction is through an application of the technology that uses a perfectly grown crystal with the correct atomic configuration in order to superconduct at ambient temperatures without suffering structural breakdown. We believe that we now have the mathematical formulations to identify possible superconductors and the technological means to develop them.

THINGS TO PONDER by Dick Ball

In 1979 Rev. Rosalyn Bruyere's "Healing Light Center Newsletter" ran six cartoons describing what physical problems can really mean. 1) If your knee hurts then you are not being humble. You are forgetting who you are and where your power REALLY comes from (maybe familial problems).

2) If your vision is becoming blurred, perhaps you need to consider what you do not want to SEE in your present life situation.

3) Getting a cold is a way of telling you that you're resisting a change in your life. So let go and flow.

4) Your ulcers are not due to what you are eating, but what's eating you. When you deal with what you can't stomach, you'll get rid of it.

5) When your back hurts it is possible you are trying to back out of something.

6) If you hurt your foot, maybe you're forgetting where you stand (space-out").

It became obvious that when my wife would come home angry, within three days she would have a cold. Subtle energies, broadcast by us, can harm our bodies or others. If she could release the charge of anger, she would not catch cold. Pressures from supervisors as they react
to their wives, she was merely on the bottom of the pecking order. Since she was unwilling to peck at me, she was holding the charge and damaging herself. My wife learned that it was better to "call in sick" and take a day of R & R (Rest and Release) than to really become sick.

When we see people hurting, it may become obvious that the source of the pain is someone close to them. They have telepathically picked up on the distress of a loved one. When the person understands this he is often able to release the energy immediately.

Healers, accept as common knowledge that you can take on the problems of others. Doctors and nurses are trained to stay emotionally detached. The best healers, that I know, experience and observe the problems of their subjects so that they understand the problem. They immediately release any negative energy that might damage them and save the information gained from being open. The healer must remain neutral, having no investment in the person getting well, and do his best to love and serve that person.

Upon entering a psychiatrist's office, we may feel the weight of negative energy that often impregnates these rooms. The pain that their clients release over the years creates an oppressive condition that is palpable for a sensitive person. We are able to help them to release these negative energies, much as you would erase a magnetic tape. The psychiatrist probably suffers from the absorption of many of these energies. When he releases the charge of these energies, it can dramatically change in his emotions and his work.

Marcel Vogel has demonstrated the removal of energies from the body using the crystal with intention and a pulsed breath. This is a powerful focused way to release, but know that a job can be done just by your intention and releasing with your breath.

Visualize the problem moving from where it resides to an area in front of your mind's eye (forehead), mash the energy into a ball shape and focus your intention on releasing this pain, feeling or problem. Just as Marcel pulses the crystal, take in your breath, hold it with your intention to release, then do an explosive release (pulse) with your breath through your nose. Look to see if all the energy is gone and if not, make a smaller ball with the residue. Repeat this process until the energy is no longer visible in your mind's eye.

In all things, work for the highest good of yourself and those you contact. Have a loving respect for all things and the knowledge that you do not need to store negativity. Most of us forget to heal ourselves. Be free to love yourself, so that you can better love and serve others.

PENDANT EVALUATION PHASE
The crystal pendants have been temporarily discontinued. Please return your crystal pendant questionnaire as soon as possible. We will inform you through the newsletter when the pendants are available again.

VIDEO ON CHANNELING

CRYSTAL SPHERES
P.R.I. has a limited supply of quartz crystal spheres available for sale. Please call or write Judy at P.R.I. for information, 408/279-2291.
MARCEL VOGEL'S 1987 SEMINAR SCHEDULE
JUNE 5-6 GELTENDORF, W. GERMANY PART ONE: WORKSHOP FOR NEW PEOPLE
JUNE 12 MUNICH, W. GERMANY LECTURE/MEDITATION/HEALING
JUNE 13-14 W. GERMANY PART TWO: For those who took Part One in 1986
or who attended the preceding week. Contact
Rita Haack, von Millerstr. 4, D-8085
Geltendorf 2. Tel. 011-49-8165-1655
JUNE 20-21 DENMARK PART ONE: WORKSHOP FOR NEW PEOPLE
JUNE 24-26 DENMARK VOGEL-CUT CRYSTAL OWNERS' WORKSHOP. Contact
Kurt Lykke Ingelsen, Kastanjelaan 111 A,
DK-7442 Engesvang, Tel. (45)-6 86 40 44
JUNE 29-JULY 4 IRELAND Marcel joins the CELTIC PILGRIMAGE which
JULY 24-31 MOOSE, WYOMING THERAPEUTIC USE OF CRYSTALS - MASTERS SERIES
(The Grand Tetons) Contact Gilbert Preston, 307/733-3864
AUGUST 21-28 MOOSE, WYOMING The Grand Institute is presenting three
SEPTEMBER 11-18 MOOSE, WYOMING weeks with Marcel Vogel, Ph.D. and friends.
OCTOBER LOS ANGELES, CA WEEKEND WORKSHOP WITH MARCEL VOGEL
Contact Warren Klauser 619/294-9656

CELTIC PILGRIMAGE
Chow Chow Immamoto and friends will visit the ancient
sacred places in Ireland and continue balancing the
land with crystals. Contact ChowChow at 415/344-1822.
(Marcel Vogel is scheduled to join them June 26th.)

ROZANNE BAZINET SEMINARS
JULY 19-25 OTTAWA, ONT. Contact Rozanne at 7400 Niagara Falls Blvd. Box 37,
AUG. 24-28 LILY DALE, NY Niagara Falls, NY 14304 716/285-5505
AUG. 25-29 LILY DALE, NY LILY DALE ASSEMBLY, MON. - FRI. 7:30am - 9:30pm
SEPT 7 LILY DALE, NY TUES. - FRI. 2:30pm - 5:30pm (contact Rozanne)
"Labor Day" 9:00am - 12 noon and 1:00pm - 2:15pm
SANTA CRUZ, CA. CRYSTAL WORKSHOPS
MAY 16 SANTA CRUZ, CA Advanced Crystal Healing Techniques Judy Mingo
JUNE 14 SANTA CRUZ, CA (P.R.I. staff person) presenting. Barbara Swenson
will co-teach in first workshop. Contact: 408/479-0262
or 408/279-2291

COLORADO CRYSTAL WORKSHOP
Jennet Grover will conduct this Saturday workshop on
JUNE 20 PAGOSA SPRINGS, CO The Therapeutic use of the Vogel-Cut Healing
(3 hours north of Santa Crystal. Hands-on training in addition to
Fe in Southern Colorado) discussion of subtle energies in a mountaintop
setting. Contact Jennet at 408/279-2291

CAROL KLAUSNER'S CRYSTAL HEALING CLASS
AUGUST 15-16 SAN DIEGO, CA Crystal Healing I, is a three section series.
SEPT. 26-27 SAN DIEGO, CA (Crystal Healing II will be presented Oct. 6-
NOV. 14-15 SAN DIEGO, CA Dec. 3. Contact Carol at 619/298-3815.

BOB FRITCHE'S LOS ANGELES SEMINAR
Crystals, Love and Healing, 9:00-5:00 Sat. and
JUNE 20-21 LOS ANGELES, CA 9:00-12:00 Sun. Call Bob Fritch at 714/983-5420.
JUNE 27-28 LOS ANGELES, CA Crystal Healing Techniques, 9:00-5:00 Sat. and
9:00-12:00 Sun. Call Bob Fritch at 714/983-5420.
THE CRYSTAL CONGRESS
JULY 24 SANTA MONICA, CA Marcel Vogel will be the featured speaker Fri. night.

VOLUNTEERS

The lab has need of services in the following areas: transcribing, typing, artwork, word processing, editing, clerical, grant writing and research. If you wish to help, please contact us at 408/279-2291.

WE WOULD LIKE TO EXPRESS OUR THANKS TO THE FOLLOWING PEOPLE

HAVE DONATED TIME AND LOVE TO P.R.I. to help us in our research:

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