PUTTING IT ALL TOGETHER

by Marcel Vogel, Ph.D.

This article summarizes the results of years of experimentation required in adapting crystals for use in healing and therapeutic application. From all of the experience that we have had it is clear that (1) crystals themselves have no power, but are very precise, sensitive instruments designed to accumulate a charge from the body of the individual holding this crystal, simplifying the charge and feeding it back out through the crystal to a designated subject, through breath and intention.

The crystal acts as an amplifier of the bio-energetic fields generated around the body of an individual. These fields are controlled by breath. In any treatment modality, it is vital that the individual maintain discipline or control over his or her breath. The indwelling breath builds and holds the charge from the crystal, the outgoing breath amplifies the charge, and the pulsed breath releases the charge.

The fields that are stored in the body of a crystal fit the structure of water itself, therefore, when a charged crystal is directed onto a body of water, a charge transfer takes place, causing a number of the water molecules to become structured, developing a liquid crystal state at room temperature. There is a measurable change in the hydrogen bonding as observed by ultra-red & ultra-violet spectrophotometry. There is also a change in the electrical conductivity of the water and the pH.

To clear the vibrations that have been placed in the crystal, hold the two tips of the crystal between the thumb and forefinger of the left hand, and hold the right hand thumb and forefinger on a pair of faces. Pulse your breath (forcibly exhale through the nostrils) with the mental intention of clearing the crystal. If you have a multi-sided crystal, you repeat the pulsing and clearing on each opposing pair of faces.

To charge the crystal, place the crystal in your right hand, holding the operating tip pointed away from you, (tip meaning the end with the longer, more obtuse angle). Draw your breath in, create the image of filling the crystal with love, well-being, joy and PULSE your breath. This discharges your breath into the crystal and the previous energy occupant is replaced, or erased.

To test if this has been accomplished, hold two sides of the crystal with the thumb and forefinger so that the top free surface is horizontal. With the third finger of the opposite hand, rub this surface. On a charged crystal, when you exhale, the finger will stick and when you draw your breath in, the charge will be released. When the breath is
exhaled the charge comes back. This can be tested by another person on the crystal you are holding.

SELF-HEALING WITH THE CRYSTAL

To release unwanted tension in your body, hold the opposing tips of a crystal with your thumbs and forefingers. Draw your breath in, look at a face of the crystal, visualize the area in your body having discomfort, create the image of your body being well and free of pain, and pulse your breath.

Draw your breath in again and pick another face and repeat the above operation.

Now reverse the tips of the crystal to point in the opposite direction and repeat the same operation. Do this morning and night and most simple pains will be eliminated. If not, see your doctor.

MEDITATION WITH THE CRYSTAL

Remove all forms of distraction so that you can quiet your mind and go within, you hold the meditation crystal with both hands, with the operating tip facing upward, breathe in, close your eyes, and visualize the crystal in your hand. Pulse your breath and become one with the crystal. Now breathe in and out slowly three times. Create a point of light within the crystal and link with your mind to this point of light. Start rhythmic breathing: in, hold; out, hold. Do this for two to three minutes and then hold your breath and remain at peace within yourself, holding that point of light in front of your mind's eye. Relax your breath. Finally as the light fades, let your body rest, put the crystal down, lie down in a comfortable position and feel the surrender of self to this wonderful feeling of peace and tranquility.

CONTACTING YOUR TEACHER, GUARDIAN ANGEL OR GUIDE

Repeat the previous exercise, creating a point of light within the crystal. Go within the point of light and request that your teacher, guardian angel, or spiritual guide come in and join you. Feel a change in vibration within your body when they enter. You may now carry on a conversation with your teacher by verbally asking questions and hearing the answers which are forthcoming to you via telepathy. It is wise to have a tape recorder going beside you. As the answers come through, they can be verbalized directly onto the tape recorder. This is a form of channeling that is effective for self-analysis, as well as for counseling for others. To return to your body you may draw in your breath, pulse it and form the intention that you are free from the contact.

IMPROVING YOUR STUDY SKILLS

Hold a crystal or a double-terminated healing crystal in your left hand. Study the material, keeping your mind focused on what you are reading. Draw your breath in and observe the extent and depth of what you have retained by writing or communicating this information to another person. Do this with and without a crystal in your hand and observe to your own satisfaction the difference you obtain in working with a crystal.

HEALING OTHERS WITH A CRYSTAL

Clear and charge the crystal first, holding the more obtuse angle with your thumb and forefinger on the side of the crystal. Draw your breath in and approach the thymus area of the subject's body. Slowly rotate the crystal in a
counter-clockwise direction. Stop about two to three inches from the body of the
individual, while at the same time keeping
the left hand behind him, opposing the
area where the crystal is pointing, this
hand being approximately the same
distance from the body as the crystal.
Slowly rotate in a clockwise direction
until you feel a resistance to the crystal
and hold it steady in that direction,
projecting at all times the thought of love
and well-being. Hold this until the
recipient feels a charge, or wind moving
into their body. You, in turn, can
observe a tingling feeling in and around
your left hand as the charge moves in,
around and through their body.
Let your breath out and breathe in
unison with the person. At the same time
move the crystal up and down, in about
two and a half inch strokes, saying the
words, "Breathe in...breathe out," as
you breathe. Synchronize your breath,
the hand movements and the crystal with
the person. The left hand is synchronized
with the crystal in the right hand.
As the charge builds, you are now ready
to treat. Rotate the crystal in a three to
to four inch diameter spiral turning clockwise
(right-handed turn). At the same time tell
the individual being treated to draw his
breath in, hold his breath, create a clear
image of what area in his body needs to be
treated. Have him to go to the root cause
of the discomfort.
Accelerate the rate of rotation of the
crystal. Draw your breath in and speak
in an abrupt, loud command, "RELEASE!"
At the same time, snap the crystal away
from that area of the body. Close the left
hand at the same moment and snap it away
from the body of the individual.
Immediately place the crystal at the
solar plexus, and touch the back of the
neck with the forefinger of the left hand
exerting a slight pressure. This aids the
release of stress and tension.
He will invariably bend over. Some will
start crying, and/or an odor may suddenly
fill the area. In a kindly, loving, voice
say, "When you are ready, take a deep
breath and come to a standing position."
The moment that they do this, take the
crystal back to the thymus area, the left
hand opposing, and now you make large
sweeping circles around the periphery of
the body with the crystal saying, "Let
your body heal, be free from all discomfort
and suffering." As they quiet down and
relax, bring the crystal to a halt and
place a side in contact, tip facing up,
with the thymus region of that individual.
When that is done, complete the process
by giving that individual a big loving hug.

EXPERIMENT NO.58 DOWNSING FOODS

List of Materials:
- natural 3/4" quartz crystal
- silk thread
- cut 1" squares of paper
- a 3"x 5" white file card

Tie a thread around the quartz crystal
so that the crystal is suspended with the
pointed end facing down. Leave about 12
inches of thread.

With this pendulum do the following set
of experiments. Detect the quality of
foods that you are taking. Write on the
squares of paper the names of various
foods that you usually consume, including
the condiments. Draw a line dividing the
file card. Write on the right hand side,"yes," and on the left hand side, "no."

Now take a piece of the paper with a
food written on it in your left palm.
Suspend the pendulum by the thread with
your right hand so that it's above the
hand containing the paper. Ask the
question, "Is this food good for my body?"
If neutral it will hold in a straight up and
down direction. If it is positive, it will
go "yes." If negative, it will go "no." By
this means you can check out combinations
of foods and can be agreeably surprised as
to what foods and do not work for you, or
your friends.
EXPERIMENT NO. 59 DOWSING
VITAMINS AND MINERAL SUPPLEMENTS

(B) Check to see if a particular supplement is good for you and the dosage that the body needs. (A) Take a vitamin in your hand and test it applying the same technique. Count the number you should take until you get a deviation. You can do the same for evaluating clothing or compatibility with various fibers and materials. Other possibilities I leave to your imagination.

BOOKS by Marcel Vogel

(Ed: This first book was mentioned before in the Newsletter, but not reviewed). God Will Work With You, But Not For You—A Living Philosophy, by Lao Russell, University of Science and Philosophy, Swanannoa, Waynesboro, PA (6th Edition). Written in a very open, informative style, it is a practical philosophy of living. It discusses how to handle the vicissitudes of life and how to find the language of the universe and live in it and become one with it and not let yourself become overwhelmed by the forces of nature.

One of the key messages brought out by Walter Russell, Lao's husband, in The Message of the Divine Illiad: "Serve first thy brother. Hurt first thyself rather than thy neighbor. Gain not from him unbalanced by the giving. Protect thou the weak with thy strength, for if thou use thy strength against him his weakness will prevail against thee, and thy strength will avail thee not." We have not practiced this and it has brought so much tribulation and sadness to this world. I read this book before sleeping and find great joy, peace of mind, in so doing.

A Book of Tea by Kakuse Okakura, Dover Publications, Inc., New York, 1964. A gift from Peter McLagan, a wonderful soul who expressed his love and kindness in giving me this book. The tea ceremony that the orientals have is a wonderful communication. The languages of ethic, of religion, of culture, are expressed with meticulous attention in the ceremonies.

For many centuries, Japan was isolated from the rest of the world. This developed in them a feeling of introspection, highly favorable for the development of "Teaism." In each of these ceremonies they had the opportunity to express their culture and transfer, not by word, but by action. It is important that we learn these cultural symbols and respect them.

The English have their afternoon tea, a wonderful means of relaxation and conversation. This book expands our awareness of our fellow man.

The Secret of The Andes, by Brother Phillip, The Leaves of Grass Press, 1974. Donated by Dr. Millard Deutch, Jr. of Lake Park, Florida. This describes a hierarchy of advanced souls that lived on this earth plane, particularly in Peru, in what they believe was the lost continent of Atlantis and of Mu. We read these books to expand our understanding of the possible, take notes, and evaluate what we should learn next.

CHAMBER FOR ACCELERATED EVOLUTION, HEALING, TIME TRAVEL AND THE TRANSFORMATION OF CONSCIOUSNESS by Bob Crane

The body's aura may be accessed by using a combination of sound (music), light (color) and cut quartz crystals that have been arrayed in large panels to form a chamber. The crystals, when activated by sonic and electro-magnetic fields, produce the relatively unknown fields which are beyond the three known dimensions of space and time.

What may be felt, sensed, seen, known, or perceived under the influence of these fields is the content of one's subtle body of energy (the aura) which surrounds the dense body of atoms. Many perceptions are possible within this type of chamber, as scenes from past lives, which can help one understand the nature of his higher or other self which has existed continually.
through time.

The use of this technology is based upon the theory that a disease is not something that one mysteriously catches from something in the environment, but is instead a distortion or imbalance within the subtle energy body. The imbalance may be thought of as "inhibited soul life," (Alice Bailey). The soul has experienced thoughts, emotions, and actions, that are of a negative or "disharmonic" nature in the sense that these events have produced wave patterns and oscillations that are out of synchronization and out-of-phase with the body's normal or "harmonic" patterns of oscillation.

A crystalline structure, by virtue of its "internal" symmetry, organizes the vibrations of sound and light in such a way that the crystal becomes a combination transmitter - amplifier for the internal signals that are constantly going into and coming out of the body's cells. These signals are broadcast into the body where they directly affect the DNA, fats, and other organic molecules. The reason for this is complex but involves the similarity between crystalline lattice structures and the structures of these molecules.

A crystal's transmitted energy causes a small charge in the oscillating pattern for the organic molecules within the body, and this charge may be felt by the body or perceived by the mind or the "third eye." It has the physical effect of a healing after a period of time when the new oscillating program/pattern has been transmitted through the diseased organ or tissue.

The concept of a transformation in consciousness, which may also be experienced as a change of heart or change of mind, is the nature of the overall experience within the crystalline chamber, where one may look at oneself from a different perspective or "slant," as if one were outside of one's normal self or consciousness, and in so doing may reflect back upon one's life (or former lives) as embodied and personified by one's thoughts, emotions, actions, and compare these feelings, thoughts, and visions to the new ideal which the energy of the chamber has manifested into consciousness.

The concept of time travel is derived from the fact that what one is experiencing is another reality where time and space are under relativistic laws and conditions. That is, that they are variable, being dependent upon velocity, rather than fixed quantities.

Accelerated evolution occurs if one is able to understand the experience and actually apply it to the context of one's life, that is, to make whatever changes in attitude, behaviour, lifestyle, or emotional response that may be necessary for one to evolve into a state of consciousness and behavior that is in a better state of balance or harmony with the natural operation of the body's cells and DNA.

The drawing shows a person that is standing between two arrays of faceted quartz crystal, one of pyramidal shape and the other of tetrahedral shape. Other shaped geometries would tune into the specific aspects of each Chakra.

Energy that is going into the back of the person and out of the front is activated and luminescence should begin as the Chakras become visible. The very subtle frequencies of the crystals are produced by a combination of sound and light. Additional equipment to produce these effects has not been shown, but consists of both natural and electronic musical
instruments as well as laser light that is pulsed at low frequencies. Magnetic coils of copper, silver, and gold are arrayed behind the crystal slabs. The coils transmit the complex frequency pulses into the crystal, which transfers them into the body's aura. They may act as resonant pick-up coils for the auric energies that are moving through the crystals from the body.

The person undergoing treatment of the experience stands at the center of the crystalline chamber. The outer chamber of wood has a roof which encloses the inner (crystalline) chamber which consists of walls with no ceiling or roof.

The person within the chamber may control the feedback of energy into the chamber and his auric field and physical body according to his own reaction and disposition at the time.

THE THIRD ANNIVERSARY OF P.R.I.
by Richard B. Ball

In April we celebrated the third anniversary of our laboratory. Dr. Tom Weide formed P.R.I. in early 1971. Marcel Vogel took on the dream of a non-profit laboratory to research subtle energies in late 1971. It became a reality when Marcel retired from I.B.M. in 1984. He is now able to devote the rest of his life to help mankind through scientific research into energies, healing and crystals, plus his educational work.

It had happened by means mysterious that I was drawn to attend the last meeting of the group that assisted Marcel in his planning. I said my piece about the basic rules of business being metaphysical rules that should not be broken, and agreed to help set up the lab. We painted out the new quarters. I decided to help for a little while as a volunteer. It was necessary to start this newsletter, do much of the office work and develop procedures. At that time Marcel, Sally White, Bob Fritch and I were the only ones actually putting the day-to-day effort into getting the lab off the ground. Then Bob Fritch and had to leave to make a living. My wife sacrificed considerably to support my nine month volunteer service and over two years of consulting for P.R.I.

Marcel was very busy setting up the lab, beginning the research and lecturing to raise monies to keep the doors open. Mary Vogel, Marcel's wife, volunteered all three years by handling and mailing the crystal orders. Joe Terry Smith came in as a volunteer researcher, but soon was forced to leave since no funds were available. Sally White was to have done research with Native American herbs and was very dedicated, but finally the lack of funds and Marcel's time to help her forced her to leave.

Dr. Hank Glover did much of the early spectrophotometry and microscope work with Marcel. He was in the lab about nine months. He turned his work over to Norman Mikeshell, a biologist specializing in structured water. The first paid person was Carmen Shangrolean (B. J. Curtis), a secretary who was here for one quarter. I backstopped her and then temporarily took on most of her responsibilities when she left, swamped with work, but finally paid. Shortly before Carmen left, Linda Blackner arrived at P.R.I. This talented dynamo made things happen and started up some good projects. She brought in Norman and we are grateful that she was able to pay his initial expenses. Norman now has the main responsibility in the day-to-day research work, and in finding the existing references and research.

Just before Linda left, Janaki (Jackie) Field came to our rescue as our first top notch office person. (The P.R.I. office can be a madhouse; a reception room, computer room, business office, copy center, volunteer headquarters, etc. We often have up to five people in this little space). The backlog eventually was cleared up only to have us deluged again each time Marcel was written up in a magazine, gave a major lecture, or was on a major television or radio show.

Marcel Vogel, Jr. trained with his
father to cut the crystals. He left to attend a Catholic seminary. He trained Andrew Tousley, and Paul di Francesco joined the cutting team more than a year ago. This is a taxing physical job and it is important that the people who work on these crystals, and in this lab be clear in heart and of good intent.

For some time we have had Jennet Grover, a very sharp and witty young lady, doing whatever it takes to research, organize business details, edit Marcel's book and the newsletters and assist in Marcel's workshops.

We have had many volunteers and other people work in the lab for short periods, including some visiting dignitaries. We are fortunate to have Bob Crane, a mathematician and physicist. He is doing research, works at whatever needs to be done. Bob is creating some of our new products and equipment. Judy Mingo, a geologist, was assisting in the research on crystallization of aged wine. She left and has returned to do further research, computer work, seminar coordination and assist Marcel in the workshops.

Soon the lab will begin to produce the fruits of all of these labors. Until now the most tangible work evident was the presentation of the healing crystals to a small group of interested doctors, dentists, and others who have studied transformational medicine (healing).

With the coming of age of the technology and this organization, it is time for me to leave. Much of the most exciting work is to come. As the technologies fall into a beautiful pattern it reminds me of what Bucky Fuller said, "When I create something and it is beautiful, I know that it is right." We, who have helped Marcel, will someday point with pride to the beautiful results of our work.

THE GREAT PYRAMID A POWER GENERATOR by Robert Crane

Much has been said and written of the inner workings and true purpose of the Great Pyramid at Giza in Egypt. Traditional archaeologists say, "a tomb". But why no sarcophagus, burial chamber, or "inscriptions," say the doubters. "A record written in stone, of civilizations ancient and otherwise forgotten," say occultists and metaphysicians as they carefully measure and analyze every line, angle, and stone. Yet there is no agreement about the meaning of any of the interior rooms or passageways within the pyramid.

As we explore the interior of this ancient monolith, incongruities in construction appear. Passageways that are too small for humans yet are quite long, the Grand Gallery which slants upward without steps, the Kings chamber with its large separated blocks of stone placed overhead.

The Great Pyramid, of such incredible size, precision, and craftsmanship that it could not be constructed today, is too incongruous to be a tomb and too simple to be a temple. So what was it? Or what was it intended to be, but perhaps never finished?

There is a theory that states that the Great Pyramid was a large generator of electrical energy that was built by a civilization even more ancient than the Egyptians. This civilization brought its technology and religion into the Nile Delta to establish a colony there, and this colony in time grew into the Egyptian Civilization.

The idea that the Great Pyramid might have been an energy generator does fit in well with the existing idea that it may have been used for communication with the Spirit world or even other planets. The form and shape of the pyramid, along with its sheer mass, may have collected and concentrated energies for these purposes.

In recent years, many exotic means of providing electrical energy have developed. Most of these are embodied in so-called free energy devices such as the Newman motor, which violated the Law of
Conservation of Energy, one of the cornerstones of modern physics.

The Great Pyramid may have been a "free energy" device that used the following technologies. It is possible that the exterior of the pyramid was covered with silicon photovoltaic cells, which would (because of the number) produce a large amount of electricity.

Let us take a tour of the interior of the Great Pyramid and look at its electronic parts. The photovoltaic electricity was organized into a high voltage current by wiring the solar cells in series, or a high amperage current by using them in parallel. This current was switched back and forth between high voltage and high amperage by solenoid relays that were controlled by a computer inside the well-insulated Queen's chamber. The high amperage current was conducted to coils in the Grand Gallery. The coils were wrapped around the key component, the pyramid's large quartz crystals that were cut into a specific geometrical shape.

When current was pulsed through the coils, large magnetic fields were produced in them. These fields activated a laser which then discharged out one of the ends of the crystal.

The high voltage portion of the current became an arc of electricity, similar to lightning, which was transmitted into the Grand Gallery where its energy was captured by the large magnetic fields in the coils. This electron plasma added light energy to the large cut crystals which then produced a high powered laser beam as the magnetic coils were pulsed on and off by the computer-controlled relays. The laser beam was deflected by prisms, or mirrors, out through the two 6" prisms, or mirrors, out through the two 6" diameter holes which run from the Grand Gallery and King's chamber to the outside of the Great Pyramid. These laser beams would have been pointing up at an angle as they exited the pyramid. Could they have been transmitting energy up to a spacecraft?

There is a small flat area at the top of the Great Pyramid where a capstone of crystalline gold once was placed. This rare crystalline material, which is virtually unknown on the earth today, was able to produce free energy when coupled with the large arrays of silicon cells and the computerized firing mechanisms. This further added to the energy output of the pyramid.

At this point, one must wonder what the reason was for the large size and specific shape of the pyramid. The height of the Great Pyramid is exactly one billionth the distance from the earth to the sun. The ratio is not coincidental, for the high powered surges of electricity that moved through the pyramid produced extensive overtone and undertone harmonics, and these lower frequency waves or undertones could have been extended harmonically into space according to the specific ratios such as the number series: n=1, 10, 100, 10^n, one billion times the height of the Great Pyramid would be where n=9 (10^9 = one billion).

The four sides of the pyramid shape could also be related to the build-up of charge through the concentration of energy within the pyramid. Charge is positive and negative or "dual" in nature and all electromagnetic (charged) waves have four distinct phases or divisions within each sine wave (a positive node or peak, a negative node, and two neutral or phase reversal points between these nodes).

The large size of the pyramid was necessary for building up sufficient levels of voltage and amperage for the laser beam to be generated within the crystals.

It is likely that the harmonic structure and intensity of energy was such that the psychic powers of any individuals present in the King's Chamber were greatly enhanced and that communication with other dimensions and planets was possible.

So, was the Great Pyramid of Egypt and energy generator used for producing ordinary electricity, or for charging up
interplanetary spacecraft, or for psychic communication with other worlds? (Ed: See See Vol.2 No.6 WAS TEOTIHUACAN A CIRCUIT? The article, WAS THE ARK OF THE COVENANT A CAPACITOR by Norman Mikesell will be next month).

BROADCASTING TO TERMITES
by Jennet Grover

Dr. George Mye, Jr., of Huntington Beach, California, treated his house for the abolition of termites with the Omega-4 Metatronics machine and obtained what he felt were significant results. He put dead termites into the witness well of the machine and set it to broadcast at 7.8 Hz.

He left the machine on from 10:00pm to 15:00pm, treating three days in a row.

P.R.I. researched with the Omega-4 in treating fleas over a one month period of twenty minutes, three times a week, first at 7.8 Hz and then a month at 156 Hz). We suggested that 156 Hz frequency be tried, as insects would naturally vibrate at a faster (at a higher frequency) than humans.

With the instrument set at 7.8 Hz, the results were positive for a period of two months, after which termite droppings again became noticeable. Results on the 156 Hz setting have proved more successful, as Dr. Mye attests, at least on a short term basis. We are waiting for the long-term results.

If any other Omega-4 or Omega-5 users have similar data they can report, please contact P.R.I.

LETTER

Dear Ones, Heard a neat story from my brother-in-law to share with you.

When they were kids, hardly anything in the world was as important as the milk cows to that big family. The father would send the four boys and sometimes some of the girls to bring the cows home for evening milking. These old cows were sometimes pretty clever about hiding out from the kids who dare not go home with even one cow missing.

So, if their best efforts didn't turn up the elusive cow, they would resort to emergency measures, which was to find a DADDY LONGLEGS spider and pick him up by one leg. They would gather round and hunker down. They would say, "Daddy Longlegs, you better point to where our cow is or we're gonna kill ya."

They would watch and pretty soon the spider would point with a leg. They would put him down and go find the missing cow. They think they figured out this system without adult input.

Love, Judy (Beard)

THE CRUISE TO MEXICO WITH MARCEL
by Jennet Grover

Whew! What a trip!

I can't imagine a more pleasurable, beautiful way to learn. Marcel and Mary Vogel and the P.R.I. staff members, Judy Mingo and I, held a cocktail party on the first night, so that we could meet the attendees (and devour the first of the ship's edibles). I don't think anyone stayed up on that evening for the midnight buffet. This was only the first of seven chances for that after dinner feast.

Bright and early, was it 6:30 or 7:00am (obviously I wasn't there early enough to participate), Nancy Worthington and an undaunted group of metaphysical contortionists performed graceful movements known to some as T'ai Chi. Of course, what some of these acrobats did was beyond this dimension, and Marcel's video taping on the sidelines will attest to this.

Then there was the food, and more food, and more food. The worst part about the food was choosing what NOT to eat. Some of the braver ones, such as myself, approached each meal with a "two-fork attitude," which means that instead of choosing one entree, you choose two. Of course the same held true for desserts, but sometimes that required a three-fork mode.

This over-indulgence could be worked off at the evening disco, but only a few
of the after-dinner survivors dared to
dance. The cocktail waiters were so much
more adept at choreography while holding
their drinks. Some chose the more
sedentary route, going to the night clubs,
where the entertainment was always
enjoyable. Deserving honorable mention,
however, was Michael Marin, a juggler,
who accomplished extraordinary juggling
with dialogue and even a symphony. He
did one very interesting skit involving the
use of red illuminated glass balls which he
juggled in the dark as he told about the
cosmos. Michael later visited us at our lab
in San Jose to meet with Marcel and share
ideas aboutights and life.

Marcel gave his talks in his own
charming, indomitable way, with assistance
from his two lab-cruisers. Marcel always
inspires people, and inspired people are
always full of surprises. As a result, we
had several people who did channeling in
the class. Dwaj Khul came through Nancy
Worthington, which was the highlight of all
the channeling sessions, sending us all
love, good wishes, and giving advice
pertinent to the specific members of our
cruise.

Students interested in doing hands-on
work with healing crystals were given
instruction by Marcel, Judy and myself.
Of course, there were a few who played
hockey, but who could resist playing on
board once in a while.

The staff aboard the ship was quite an
international lot, only 4 members out of a
crew of 417 people were American. Perhaps
the most unforgettable crew members were
the dining room staff. They, more than
anyone else on board helped to create the
atmosphere on the cruise. We spent many
hours with these men (note: there were no
women serving in the dining area; we'll
have to bring this up with the cruise
line!]) who dressed in costume on
appropriate nights and even sang for us.

I only got to jump in the pool once. It
was a warm, silken bath...Ah. Where
were all those people who claimed they
were going to do all this physical exercise
every day. They sure weren't in the pool.

But really, there was hardly enough time
for anything beyond the lectures, food,
and playtime. In the privacy of the cabin
rooms, there was channeling, story-telling,
information sharing, healing and growing.

Being brave explorers, a small group of
us desperados headed out to see Puerto
Vallarta on our own. Others of our group
climbed aboard a tour bus. We hopped
into a Mexican taxi, driving down the
cobblestone streets and visiting the little
shopping plazas.

Cabo San Lucas was an incredible place.
Our ship didn't dock, it just dropped
anchor in the middle of the ocean and
ferried us to shore on our lifeboats. The
ocean here was the most beautiful green
and the rock formations jutting out from
the ocean were spectacular. Here, the Sea
of Cortez meets the Pacific Ocean, and
there is a huge rock in the shape of an
arch that the waves crash through from
one sea to the other. We hopped into
little motor-driven dingys to get closer
to these magnificent scenes. The sailors
owned some of the rocks there, although
the seagulls competed with them for
resting places. The beaches were isolated,
yet the type you would love to share with
your favorite person for a week or so.

The highlight of this adventure was at
the Hotel where Richard Stacey and his
friends gave us a special viewing of their
crystal collections. Our group did some
channeling there after picking up one of
the rock specimens, trying to determine its
origin. One of the pieces was a shark's
jawbone, which we dated as over a
thousand years old.

Mazatlan was for the jet-setters,
although we were more drawn to the cliff
divers and the tour of the town. The
notorious Senor Frog's really taught us
the meaning of fiesta. It is a crowded,
loud, rowdy, famous disco/restaurant (how
anyone could eat with all this going on
beyond me). Despite all the mayhem, we
stayed for a couple of hours, dancing with
crew members on the tables and singing
and laughing. This was the last chance that the crew was going to have to visit "the frog" before their ship changed stations to the great North Pacific waters of Alaska for the season.

I'm sure most of us cried when the ship pulled back into the Los Angeles harbor. Who wanted to leave? Despite all the food, I managed to lose weight. I think that was from all the love hugs I got from the members of our group. These are not memories; they will appear in my mind's eye every time someone rocks the boat. What a wonderful life aboard the "Stardancer." If only we had more time, like a year or two.

William James said: "When a thing was new people said - 'It is not true.' Later, when its truth became obvious, people said - 'Anyway, it is not important.' And when its importance could not be denied, people said - 'Anyway, it is not new.' If we view these as three stages of scientific discovery it would appear to me that coherent excitations in living systems currently reside in the initial stage, or perhaps just beyond.

"IT IS TIME TO TRAIN TO BE AN OLYMPIC HUGGER" T. Bear

P. 11

MARC EL VOGEL'S LECTURE SCHEDULE FOR WINTER/SPRING 1987

JULY 24 SANTA MONICA, CA
THE CRYSTAL CONGRESS, Marcel is the keynote speaker. Contact: P.O.Box 5442, Mill Valley, CA 94942 415/388-8355

JULY 25-31 MOOSE, WYOMING THERAPEUTIC USE OF CRYSTALS - MASTERS SERIES
(The Grand Tetons) Contact: "Gilbert" Preston, 800/345-4486

AUGUST 21-28 MOOSE, WYOMING (The Grand Institute is presenting three weeks with Marcel Vogel, Ph.D.).
(Bus travel throughout U.S.A. to Moose via Green Tortoise Travel. In Calif. 415/821-0803 other 1-800/227-4766).

SEPTEMBER 11-18 MOOSE, WYOMING

OCTOBER 2-4 LOS ANGELES, CA WHOLE LIFE EXPO Contact:213/393-9405

ROZANNE BAZINET SEMINARS

JULY 19-25 OTTAWA, ONT. HEALING POWER OF CRYSTALS, WOMEN AND SPIRITUALITY, Contact Rozanne at 7400 Niagara Falls Blvd. Box 37, Niagara Falls, NY 14304 716/285-5505

AUG. 24-28 LILY DALE, NY LILY DALE ASSEMBLY, MON. - FRI. 7:30am-9:30pm. TUES. - FRI. 2:30pm - 3:30pm (contact Rozanne)

AUG. 25-29 LILY DALE, NY "Labor Day" 9:00am - 12 noon and 1:00pm - 2:15pm

SEPT. 7 LILY DALE, NY

COLORADO CRYSTAL WORKSHOP
JUNE 20 PAGOSA SPRINGS, CO Jennet Grover will conduct this Saturday workshop (3 hours north of Santa Fe in Southern Colorado. Crystal. Hands-on training in addition to discussion of subtle energies, in a Rocky Mountain setting. Contact Jennet at 408/279-2291.

CAROL KLAUSNER'S CRYSTAL HEALING CLASS
AUGUST 15-16 SAN DIEGO, CA Crystal Healing I, is a three section series.
SEP. 26-27 SAN DIEGO, CA (Crystal Healing II will be presented Oct. 6-Dec. 8.
NOV. 14-15 SAN DIEGO, CA Contact Carol at 619/288-3815.

JUDY MINGO'S CRYSTAL THERAPY CLASS IN SANTA CRUZ, AUGUST 1987
Call 408/479-0262 or 408/279-2291.
NEW CRYSTAL CARRYING CASE
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A FEW CRYSTAL BALLS STILL AVAILABLE Call Judy 408/279-2291.

VOLUNTEERS
The lab has need of services in the following areas: transcribing, typing, artwork, word processing, editing, clerical, grant writing and research. Our volunteers stretch not only across the country, but through out the world. If you wish to help, please contact us at 408/279-2291.
WE WOULD LIKE TO EXPRESS OUR THANKS TO THE FOLLOWING PEOPLE WHO HAVE DONATED TIME AND LOVE TO P.R.I. to help us in our research:
Dr. W. C. Ahlers, Peter Clark, Vernell Cocanour, Lynn Fawcett, Dr. Robert Fulford, Maynard "Mack" McGuinn, "Bear" Preston, Cathy Quinnanta, Serge Slibey, Nancy Silverstein, Marion Stegner, and so many more.

THE CRYSTAL HEALING INSTRUCTORS
The following people can provide interesting and informed lectures on Crystal Healing. They are all trained by Dr. Vogel and speak knowledgeablely in relation to their particular specialties.
Dr. John Adams, M.D. Whittier, CA. 213/946-0701
Rozanne Bazinet, Ph.D. Psychologist, Niagara Falls, N.Y. 716/285-5505
Robert Fritchle, Los Angeles area, will travel. 714/363-5240
Carol and Warren Klausner, San Diego, CA. 619/294-6666
Jennet Grover and Judy Mingo, of the P.R.I. staff, San Jose, CA 415/279-2291
THANK YOU AGAIN FOR YOUR GENEROUS SUPPORT AND DONATIONS. The Research in our laboratory is supported solely by Marcel’s lectures, and by sales of crystals, audio and video tapes. The more private funding donated, the more research Marcel can be here to supervise and perform, all for the benefit of mankind. Remember, P.R.I. is a non-profit corporation.

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