RECORDS ARE WRITTEN IN STONE
by Marcel Vogel

In 1974, I awoke one morning and heard the words "records are written in stone." Little did I know the impact these words would have on the direction and future of the rest of my life.

Within one year of hearing these words, I was invited by Swami Vishnu Devananda to attend and give a series of lectures in India. We took off on Air India, landed in Bombay and stayed at the Taj Hotel. Two days later we took a boat trip to elephant island and visited the elephant caves.

The stone walls of these caves were carved by monks hundreds of years ago and depict figures representing the many types of Hindu deities. One in particular is the three faces of Shiva. Next to this statue is an opening in the wall and a small cavern with a lingam-like object in the center on a pedestal. (See picture)

I was drawn to enter this cave, approach the object and place my hands on the top of the stone. I then started to chant and sound the OM with various tones. When I hit a particular note my inner eye was suddenly opened and the procedural method of how to decode the information that is stored in these statues flashed before me.

These statues are tuned oscillators and work in much the same way as an old crystal radio set. When a wire of a cat's whisker is placed in a particular location on the galena crystal and the exact point is located, then noise is heard like the sound of a particular radio station.

It was told to me that one can release, or decode, the information stored in these statues by placing the hands on the statue in a particular form and sounding the note which triggers the vibration so that information which is stored in the statuary is released.

I went out from the niche to the three faces of Shiva, opened my arms and walked around the statue. My left hand was directed to a spot on the statue and then to an opposing spot with my right hand. I started chanting the OM and when the appropriate tone was found, a burst of light took place within me and information started to pour into my entire being. The past, the present, the future, all became one.

The mind of the author who carved the statue became intelligible to me and instead of seeing with eyes, I saw with my soul. Instead of hearing with sound, I experienced the celestial rhythms. That is the intention and function of these wonderful works of art, namely, information transfer from one generation to the other transcending voice, culture, language, and coming into a universal mode of communication that knows no boundary.

I proceeded to do this with many of the statues I found in India. Some had information; others were empty and were just objects of art.

(continued on page 3)
When I returned to the laboratory, I discussed my experiences with Mary Lamson, who is a channel, and we agreed to work on a research project together. We decided to work on the sacred stones of Ireland that were collected by ChowChow Imamoto who has been working to heal the earth in that locale.

ChowChow gathered several stones from the various sacred spots she visited in Ireland, carefully noting their placement and location from which they were extracted. The stones were indexed and catalogued by her.

Mary and I went to work. She held a stone in her hand and I tuned into it with her. Together we went back in time to experience the information this stone had to offer. This was tape recorded and, when finished, we hope to put this into a book. The end of this article contains an excerpt from one of the channeling sessions conducted by Mary and me of a rock picked up in Ireland by ChowChow.

Using this type of technology can reveal information concerning our planet's history because the record is still present of every transition that has taken place in time in its stones. The patterns of mind transcend time and space and imprint into crystalline structures and store their patterns for humans to see and read again. This is a new form of etheric archeology. I hope you, my readers, enjoy this article as much as I have enjoyed putting it together for you.

The following is an excerpt from the tape recorded channeling conducted by Marcel Vogel and Mary Lawson using Stone #26, Poulnaborn Dolman from Burren, Southside Tipperary:

Marcel: This is a powerful stone. There's a blue light coming now. Close your hands around the stone. Breathe in and out into the crystal and speak.

Mary: This stone has been used at other times. In ceremonial centers. It was a stone of great renown. One with great power. It could be used to give some of its power to some of the people who were working with it. And we wish to say that you have found it for a very special reason and you will be able to use it for this reason, to find out much about the people who were here and the situations that were taking place.

Marcel: Yes, yes. I must spin water around this stone and when people drink this water they will be given the essence of the teaching that is contained in this stone. Am I right?

(continued on page 3)
Mary: Yes, yes, definitely. It was used in a ceremony at one time where it was placed in the center and circles were around it with eight pointed stars pointing out from it, and it radiated a light that could be seen and the people would come from many miles.

Marcel: the stone lit up.

Mary: Yes, it had rays that lit out from it in all directions and the rays coordinated with the circle. Then on the outside of it were these pyramids going out like this and a ray would go into each one of these pyramids in-between the two circles on the outside.

Marcel: beautiful.

Mary: It was a very beautiful place and people would come from all over. The Celts used this as a center for bringing in vibrations that they needed to use.

Marcel: Pardon me, these were nature worshippers. They worshipped the power of nature. But it was a wonderful, wonderful worship. There was no unnecessary ceremony. They did it with love.

Mary: Indeed. And they felt it and they accepted it within their hearts, as these rays came from the stone, they would stand and receive it into their hearts and from their hearts they were then able to give it out, and this was the ceremony-receiving light and giving it out to others.

Marcel: From these types of stones I see that little people came.

Unidentified visitor with one of the rock objects in the elephant caves in India.

Mary: Little people, ah, yes, the little people. Indeed. They did cover the land. There were those who had great power that could be used and when one was in contact with one of the little people they were able to see things that they were not able to see or experience in physical form. These little people carried memories and had the ability to tune into higher sources and bring in what the people wished to know.

(continued on page 4)
(continued from page 3)

Marcel: What I am seeing right now are people of our stature over five feet tall, dancing in ceremony, but beside them were these groupings of little persons and there was a total communion.
Mary: oh, definitely.
Marcel: Between the little people and those that were in a normal physical body.
Mary: Indeed! They were friends, close friends, they communicated constantly together. The little people were in communication so that they were used by the older people to bring them information that the normal people, shall we say, or the humanoids, were not able to receive.
Marcel: Why did that fall away?
Mary: Because of doubt in people's minds. If you do not accept the truth, I mean if you do not accept what you are seeing before you, you do not accept what is being given to you to accept, it will just disappear. And this is finally what happened. The little people left. They went under the ground. They went to other realms of being because they were not accepted, even though they were trying to help these people. As time went on they finally vanished. There are people who can still see them today as the Menehunes of Hawaii. The same thing. The same principle.

Marcel: The same principle.
Mary: They are around as the fairies and are a certain vibration; also the little people and the Menehunes are another vibration. It is real.
Marcel: They are real people. They have a highly evolved etheric body.
Mary: you are so right, and that is it.
Marcel: they move in and out of body at will.
Mary: And that's why some people can see them and others cannot. It has been said that at one time in Hawaii there were five hundred thousand of them on one of the islands. Now they are all gone because they were not accepted and also the land became polluted, and the little people could not live in a place where the land is polluted in any way.

ChowChow Imamoto

Marcel Vogel

and

Mary Lamson
EXPERIMENT #70
DETECTING STONES OR AREAS WHICH CONTAIN INFORMATION

Materials Required:

pair of dowsing rods
a quartz crystal

To detect areas which contain information, use a dowsing rod and program it with your mind by putting the program into a natural crystal or a faceted, double-terminated crystal. Hold the crystal in your right hand, and walk over the area with the rod slightly extended. When stones containing imprinted information of the mind are located, you will get an immediate deflection of the dowsing rod. Go back and check the area again and mark it with a pen. This is particularly good for sacred spots such as Native American burial grounds, old monuments, and the ruins of ancient civilizations. Not all stones contain information. Therefore one must know how to be selective and identify the exact areas where one wishes to work. For example, at Stonehenge one can find the exact stones which give instruction on how to operate Stonehenge and communicate with our brethren in space.

"If you wish to learn about your unbalanced strands, look to the fantasies which come to you and tell you with anxiety. Look to the things that you fear. The phantoms are in your psyche, and they represent your imbalances." From I COME AS A BROTHER, Bartholomew.

EXPERIMENT #71
READING THE INFORMATION IN STONES

Materials Required:

stone from a special place

If a stone is small enough, place it in your lap and breathe in and out two or three times to fully relax your body and mind. Ask that your hands be guided to locate the spots containing information. Your hands will be guided to the right location on the stone. Now start chanting the OM, hitting different notes. Soon you will experience a flash of light and the information will pour into your higher consciousness. It is like absorbing an entire motion picture in one flash! One must, at times, work very hard to slow down the flow of information in order to pick and choose the pieces that are of deepest interest. One can also learn a great deal simply by observing nature and its beauty. Let it talk to you in its own language and voice. Let us know your experiences and we will communicate to our other readers what you have learned.

A LETTER FROM A READER

I have developed a unique technique for healing and transformation in which I use my voice in conjunction with the magnetic healing energies of my hands. During private sessions, I psychically hear sounds coming from the person's body which instruct me what is needed.

When I hear a sound which (continued on page 6)
(continued from page 5)

reflects a stress that needs release, I duplicate it with my voice, which breaks up that stress. I consider the entire process to be channeling. After releasing a person's dis-eased vibration, I follow it with channeling sounds, which reflect the individual's higher self. I also use light energy channeled through my hands to do pranic healing.

My work has been influenced by many teachers including Katrina Raphael, Virgilio Gutierrez, my father John Lester and of course the loving guidance of Marcel Vogel. Since I have been using my 8-sided Vogel-cut crystal my work has become faster, more efficient, and more precise. I am also thankful for the Vogel pendant which I feel makes me stronger and more resistant to negative vibrations, especially in large city areas.

Sincerely,
Joanna Lester
406-251-3715

If you have had interesting and/or significant results through the use of your Vogel-cut healing crystal, either as a therapist or recipient, please let us know so that our research information bank can grow. Thank you - Jennet.

MARCEL VOGEL: ON CRYSTALS, published by Ballantine Books, should be on its way to the bookshops by the beginning of 1990. We will keep you informed.

NEW MEMBER OF P.R.I. STAFF

KATY SALAZAR is the new Managing Editor of the PRI newsletter. She has an extensive background in both TV and newsprint journalism, is a columnist for a Santa Cruz newspaper and is currently working on a book and a screenplay. Her spiritual work is centered around Mother Earth as she combines healing practices with leisure time as a Docent with the Santa Cruz Mountains Natural History Association and the California State Parks system. She lives in the country with her cat Kiko.

DEATH AND YOUR ANIMAL COMPANIONS

by Penelope Smith, Animal Communication Specialist

In my work as an animal communication specialist, I am often called upon to find out what animal companions are thinking and what they wish their people to do when they are seriously ill or dying. People often have a rough time letting go of their animal friends when death is

(continued on page 7)
immanent, or they may think the animal is suffering and should be put to death, when this is premature or unnecessary from the animal's viewpoint.

I have found that many beings leave their bodies gradually, relatively painlessly, and peacefully when they are dying, if permitted. During their earthly existence, animals are usually conscious that they are spiritual as well as physical beings. They generally do not fear death by natural means and will often go off by themselves to die quietly. Dying gets complicated, especially for domesticated animals, when people cling to them. This can make animals' transition to death a painful and prolonged experience, as they feel obligated to stay in worn-out or malfunctioning bodies for their people's sake.

An example of this was a situation involving a woman who called for a phone consultation about her aging standard poodle. He had refused to eat for a week after a series of veterinary treatments for various ailments. She realized that her dog was dying and that she probably couldn’t do anything more for him physically. What most concerned her was that for several months, her formerly affectionate canine companion avoided her and seemed morose.

I connected with the dog telepathically, and he told me of his frustration in communicating with his person. He knew that it was his time to die. He didn’t want any more veterinary treatment, nor for his person to hover over him worrying. Her desperate attempts to medicate him and her pleading for him to get better made the whole process very painful for him. He felt he had no choice but to distance himself from her.

An amazing and beautiful thing happened after I acknowledged the dog and relayed his feelings to his person. While we were still on the phone, her dog came over to her and for the first time in months, put his head on her lap and nuzzled her affectionately. He was so grateful that at last his person understood.

Another example involved a lady who had 5 cats. One of the cats was severely ill when she called me for help. The cat told me he felt he was dying. He wasn’t able to tell me more about any emotional factors involved in his illness but communicating his feelings to his person seemed to perk him up a little. I also sent him some healing energy long distance after the phone consultation. I advised the person to get whatever treatment she felt would be good for him but also to prepare to let him go. She needed to let him know, while she would like him to get well, she would not try to hold him back if he really felt it was his time to go. The thought of her cat dying was definitely not easy for her.

Well, the cat slowly started to get better, allowing another person to do some gentle bodywork, and he responded to more veterinary treatment. Then ano-
other of her cats also became ill. It turned out that the second cat was trying to absorb the emotional stress in the family and to take on the other cat's illness to help him get through it. While she appeared even worse than the first cat, she assured me that she would get well. She survived a fever of 107 degrees, through willpower, good veterinary care and healing energy. The woman felt that this ordeal was a test of her own willingness to let go and emotionally clean house, allowing death to be a part of life.

Another person called me about her 15-year-old arthritic dog. She felt her dog was suffering so much that he should be put down by a vet. The dog told me that she was not in severe pain, but only felt stiff and sore when she first got up. She wanted to be her person's good companion as long as she was able. She said she would let her person know when it was her time to go. It was quite a number of months before the dog, then almost unable to move, did tell her person that it was the time to help her along. They both had time to prepare and consent to the departure.

Each case is individual and it is vital to regard what the animals think. If they are fighting to live, want to get well, and are willing to undergo potentially helpful treatments, then that's the way to travel. Some animals who can't even move

(continued from page 7)

(continued on page 10)

BOOK REVIEWS

TALK WITH ANIMALS - by Ann Walker, Thomas Nelson Australia, Melbourne, Victoria, Australia, 1983. Review by Marcel Vogel

In this book, the author discusses the various methods of animal communication and their sensitivities to different forms of communication that we can have with them. It is wonderful to read books like these and expand our sensitivities.

In Australia there is a place where the dolphins beach themselves daily to allow those who wish to come forward to pet and feed them. They involve themselves willingly and lovingly in the communication between humans and themselves. Dolphins are social creatures, both with themselves and with us and they communicate with a sonic language. (The discovery of this language was through the work done by Dr. John Lilly using tape recordings he has made of the sounds of dolphins.)

It is a joy to have this book and I recommend that you read and apply it to your daily life and activities.

P.R.I. mascot Zen Potato, keeping watch from inside a desk, brings a sense of joy and the spirit of unconditional love to our workplace. His human is staff member Jennet Grover.

In this day of the New Age, the metaphysical market is prolific with volumes of wisdom and inspiration as channeled by higher beings (some referred to as Ascended Masters), through available human sources. Mary-Margaret Moore has been channeling the entity Bartholomew for over ten years. The products of this interchange are available in this book and in FROM THE HEART OF A GENTLE BROTHER, I COME AS A BROTHER is a book I keep by my bedside to help me relax and warm my spirit before sleep. The words contained within are soft and soothing, spiritual guidance of a loving nature. Whatever it may be, in the midst of that feeling, in the midst of that thought, in the midst of that action, your freedom lies in saying, I love myself in this moment, just as it is. And "Transformation is not a process—it is a willingness." This is the type of encouragement and enlightenment that helps to support all of us along our paths. Review by Jennet Grover


Based on a true story, a world champion athlete encounters a powerful old warrior named Girates who winds his philosophies into Millman's life via teachings and stories. In one such story, two monks come upon a woman who "stood helplessly at the edge of a muddy, fast-flowing stream." The older of the two monks carried her across the stream in his arms. "As they neared the monastery gates, the young monk could no longer contain himself. 'How could you carry a beautiful woman in your arms? Such behavior does not seem proper for a priest.' The old monk looked at his companion, replying, 'I left her back there. Are you still carrying her?'" This allegory is a wonderful example of how instruction is given throughout the book. That the hero of the book is not an unusual character per se, makes the teachings more acceptable to all of us. Review by Jennet Grover


This is a wonderful guide to suggested daily meditations for a 30 day period. The meditations are creative and varied, making them interesting and refreshing. In addition to the meditations, there are quotations and suggestions for consciousness raising throughout the day. Here is one of the quotes, which this book refers to as an appetizer: "Sometimes I think I have fully surrendered and then He asks me for something I don't want to give up. (Anonymous)." This book is light-hearted and enjoyable and a fun way to get involved in meditation as a daily exercise. Review by Jennet Grover
HALF EMPTY OR HALF FULL?

by Katy Salazar

I've often heard it said that if you don't like how certain things are going and lack the power to change them, then a good solution is to change your reaction to them, for there are many ways to look at situations in our lives.

Several months ago I decided I wanted to make changes in my life. So, armed with willingness and the aforementioned bit of wisdom, I began my journey. During this time I have developed my own philosophy, which is basically this: if I have a cup and the contents of that cup reach midway, then I have two choices of how I look at this. I can moan, groan, complain and even get angry that my cup is half empty; or, I can rejoice in the abundance of a cup that is half full. It's OK to want more, as long as I acknowledge that which I have.

It isn't easy breaking old patterns, in fact, it's hard work. But the outcome is worth it. Take the other day, for example. I was just commenting to a friend how I was finally getting just a tiny bit ahead financially. Later that day the notice for my auto registration came in the mail. I started complaining about how I could never get ahead, there was always something, and oh, woe is me. I stomped around with wrinkled brows feeling sorry for myself for a couple of hours until I realized I didn't like how that felt.

Then some new thoughts came. "Isn't it great that I have the money available to pay the registration instead of getting behind? And isn't it wonderful that I have a car to drive?" Yes! I replied. I threw out the negative thoughts and let in the new and my attitude changed immediately. I felt good about myself. I had decided to look at the situation in a different way.

(continued from page 8)

without human assistance, still want to go on and feel they are being of service to their people. The inspiration, love, and growth the animals and their people derive from each other can't be measured.

In other cases, as they see their bodies deteriorating, the animals will say, "let me go now, help me along, before I lose my dignity." One dog I talked to recently had lost bowel control and was losing rear end coordination. The person wondered when she should have the vet put him down. In discussing the alternatives, the dog decided he did not want to continue to wake up lying in his own excrement and he knew his body was getting worse. He was not afraid of the injection that would release him from his body. I told the person to have a great outing and celebrate with her dog the wonderful life they had together and his upcoming release into the spiritual realm, before taking him to the vet. The dog was very grateful for this opportunity and had a peaceful, happy death.

Sitting with your animal friends quietly, listening as (continued on page 11)
AUG 12-13 ASHLAND, OR

JUDY MINGO WORKSHOPS - Therapeutic Use of the Healing Crystal
Judy is a staff member of PRI and has worked with Marcel for 4 years. She can be reached at 408-279-2291 or 408-458-0540

JUNE 23 LOS ALTOS, CA
JUNE 27 MINNEAPOLIS, MN.

INGA MADSEN WORKSHOPS - Universal Law Through Crystals
MAY & JUNE SAN JOSE, CA
Call Inga at 408-279-2291

LINDA LAING WORKSHOPS - Crystal Therapeutics
MONTHLY INDIANAPOLIS, IND.
Call Linda at 317-846-4632

RON CARSON (Rumi Da) WORKSHOPS - Therapeutic Use of the Healing Crystal
MAY AUSTRIA & GERMANY
Call Ron at 407-699-1672

(continued from page 10)

best you can, making peace with them, going over the life you’ve had together, and being willing to let them go, is the best thing to do when it’s obvious that life cannot be sustained anymore. I have seen many animals then go quietly and happily. Even with the sadness of losing their physical presence, it’s possible to experience their joy of being a free spirit when the body dies. You can learn to keep the spirit-connection and communication with your departed friends, which also helps to put the whole process in perspective.

Obviously, you seek the best treatment you can to help restore health. If you are also willing to have death be a natural, profound, even beautiful part of life, it’s easier for the animal to relax and either get well or have a peaceful departure. Be willing to have your emotions flow as you experience them, but don’t put the burden on your animal friends to handle your feelings by hanging on.

Listen to your animal friends. Keep in touch with their spiritual nature. Understand their viewpoints, and let death, like life, be a growing process.
VOLUNTEERS The lab has need of services in the following areas:
transcribing, typing, artwork, computer entry, editing, office clerical,
grant writing and research. If you wish to help, please contact us
at 408-279-2291.

WE WOULD LIKE TO EXPRESS OUR THANKS TO THE FOLLOWING PEOPLE WHO HAVE
DONATED THEIR TIME AND LOVE TO P.R.I. TO HELP US IN OUR RESEARCH:
ChowChow Imamoto, Elling Olsen, Mary Ying, George Dong, Joelle Tim,
Tom Kendall, Daryl Anka, Natazuel, Dr. Arthur Jones, Carrol Hannum.
CRYSTAL THERAPY INSTRUCTORS: The following people can provide inter-
esting and informative lectures on crystal healing. They have been
trained by Dr. Vogel and speak knowledgeably in relation to their
particular specialties. All of these instructors will travel.
Rozanne Bazinet, Ph.D. MFCC, Sacramento, Ca. 916-483-5919/Ron Carson
(Rumi Da), Orlando, Fla. 407-699-1672/Mary Goodner, Dallas, TX. 214-
991-4168/ChowChow Imamoto (Earth Healing), San Mateo, Calif. 415-3-
1955/Warren Klausner, Claremont, Calif. 714-621-7105/Linda Laing,,
Indianapolis, Ind. 317-846-4632/Judy Mingo and Jennet Grover of the
P.R.I. staff/Dale Olson, Eugene, Or. 503-683-8418/Melissa Reynolds,
619-571-6072
THANK YOU FOR YOUR GENEROUS SUPPORT AND DONATIONS. The P.R.I. re-
search laboratory has been supported primarily by Marcel's lectures
and by the sales of crystals, the new medallion, newsletter and audio
and video tapes. The more private funding, the more time Marcel will
have to supervise and perform research in the laboratory. Remember,
P.R.I. is a non-profit corporation which provides research and educa-
tion to aid humankind. Won't you help us to help you?!