



# PSYCHIC RESEARCH NEWSLETTER

VOL.3 NO.2 MAR.-APR. 1986

## THE ALCHEMY OF WATER

There are two types of water, bulk water and activated or structured water. The water that comes out of a tap is bulk water - lifeless water piped from underground sources or deep reservoirs. Spring water or water from a bubbling stream is structured by sunlight and aeration. The biologist and biochemist take this bulk water from the tap, purify it through reverse osmosis or distillation and then use it to reproduce, in the test tube, chemical reactions which normally occur in plants and animals. Recent evidence shows that most of the enzyme reactions found in healthy animal cells occur next to cellular membranes under structured water conditions. (1.Mikesell, 1985)

The alchemist seeks to reproduce in the laboratory the structured water conditions found in nature. They vary their methods of collecting and processing the water to find these qualities which are ignored even today. The procedures are aimed at either preserving the vital quality of the water found in nature or reactivating the vitality of the water if it has been lost.

Their sources of water are the collection of dew, rain, snow or hail. Rain, snow and hail are rather pure sources of this water, while dew, when collected from plants, contains trace minerals. The morning sunlight makes dew so vitally active that walking barefoot in dew is an Indian method of healing the body, while walking on sand is used for increasing the body's vital energy. Sunlight acting on water in a plant leaf transfers a charge to the water. Water from a stream is activated both by sunlight and by flowing over quartz sand. Our research here at P.R.I. is investigating this structuring of water by the energy transferred from quartz crystals and sunlight into water.

Rain water and snow have both been used by modern alchemists at Paracelsus College (2."Parachemy" 1977, 3."Essentia" 1980 & 4."Essentia" 1982). Rain water was collected during a thunderstorm in insulated containers before it contacted the earth in order to prevent the high electrical charge from being grounded out. Pure rain water has a higher nitrogen content during an electrical storm. (5."Parachemy" 1977)

The present day rain water has an acid rain component. Therefore the alchemist distills this water to remove the acids, and re-electrifies it with a 500,000 volt, 50 microampere Van de Graff generator to give it the electrical charge lost during distillation. From this water is formed the Universal Gur, considered by alchemists as one of the prime substances of life, similar to the amino acids and nucleic acids formed in modern laboratories by the electrification of atmospheric nitrogen, oxygen, and carbon dioxide. This Universal Gur is used as the starting material for generating the mineral, vegetable and animal kingdoms. To make the Gur, the water is covered with a cloth and allowed to stand in



a warm, dark place for 1 to 3 months, during which time a putrefication takes place. This water is then fractionated through distillation. The

first 1/4 fraction is distilled by simmering below 100 C. The second,

third and fourth fractions are distilled at 102 C. The Gur is the thin honey-like substance left after the last fraction. Because care must be

taken that the Gur is not burnt, it is dried at 80 C. The other fractions are designated the fire, air, water and earth of water. Each fraction has a different pH, the Gur found after the last fraction having a pH of 8.0.

Another procedure used by alchemists at Paracelsus College for fractionating water into its different components was described to me by Karl Lee from the Big Sur area. Water is placed in a tank with three sections. Each section is separated by a kidney dialysis membrane. At each end of the tank is placed a carbon electrode from a 12 volt D.C. current source. This arrangement produces water which is acid in one section, neutral in the middle and alkaline in the other section. All three types of water have healing qualities. The acid portion of this water has been shown to dissolve calcifications in arthritis. When used for this purpose, it is followed by some of the neutral water to stop its decalcifying action. Because the putrefication step is omitted this method produces the purest activated water. I would expect this procedure to produce a structured water because it has been activated by the electrolytic separation.

Another method of producing activated water by alchemists is the use of sunlight, either natural sunlight, sunlight separated into one of its colors with a prism, or sunlight shown through a flask of colored liquid. In general, red and yellow light will activate the water in an acid manner while the blue and green light will activate the water in an alkaline manner. Each of these different color-activated waters have a distinct taste. Water structured with a yellow tungsten bulb has a different UV spectrum than water structured with a Kiva-Light, which is a full spectrum Vita-light centered in the green end of the spectrum.

An example of the use of sunlight to activate H<sub>2</sub>O is the alchemical

procedure of placing a flask of water and reactants half way into a dung heap. The dung heap provides steady heat from the thermophilic bacteria, while the sunlight both structures the water in the flask and causes daily evaporation and re-precipitation within the flask.

Magnets will structure water in an acid manner with their south pole, and in an alkaline manner with their north pole. Recent experiments have shown that north pole water is an antibiotic water and the north pole of a magnet will stop bacterial infections and tumors in mice and rats. The south pole of a magnet will increase infections and tumors. (6.Mikesell 1985) More work needs to be done in comparing the magnetic structuring of water to the crystal structuring of water.

Here at P.R.I. we are using crystals to activate water. These quartz crystals are Vogel-cut and double-terminated. They are either 4, 6 or 8-sided, and of clear quartz or a light yellow citrine quartz. These crystals, when charged manually, will induce structuring in water. There is very little structuring in pure distilled water. However, the



addition of 0.01% silica causes structuring to occur. This structuring is best assayed with a UV spectrophotometer where one finds an increase in UV absorption due to an increase in the water bonding from the water forming chains on itself. The magnetic moment of this structured water is increased by 0.07 gauss and there is also an increase in the pH and dielectric conductivity. Boiling of the water after structuring shows no change in the UV spectrum, so one can conclude that a permanent chemical change has taken place. When a drop of this structured silica water is dried on a slide and compared with untreated silica water, the photomicrographs show the formation of needle-like silica crystals in the structured water drop while the untreated water dried to an amorphous mass of silica gel. This shows that the process of structuring water produces a structuring or ordering effect on the solutes in solution.

Polywater is structured water which is condensed from unsaturated water vapor in narrow capillary tubes. Polywater, like structured water, has a higher density, more viscosity and a lower freezing point than normal water. (7.Pethig 1979) It was originally thought to be composed of pure water, but subsequent investigations show the structuring of polywater was due to a small amount of sodium silicate in the water which leached out from the glass capillary tubes. (8.Derjaguin and Churaev 1973) Our research at P.R.I. into this phenomenon has shown 0.01% of silica gel to have a maximum structuring effect on water which is activated by a crystal plus a xenon strobe, and tested with the UV spectrophotometer. A small amount of dissolved silica is also a characteristic of the activated spring waters that we have investigated.

Another way of producing structured water is the alchemical procedure of succussive dilution. Succussive dilution is the homeopathic practice of making a dilute solution by starting with a 1/10 dilution, shaking the bottle 100 times and making another 1/10 dilution. This process of serial dilution and shaking is continued until the desired dilute solution is reached. Nowadays only homeopaths use this technique. Dilution and succussion used to be the only method of preparing alchemical solutions because the alchemists found they could get more activity from succussively compounded dilute solutions than from normal dilution techniques. Conversely, they found that when making up concentrated solutions by the process of succussively adding 1/10 of a material and shaking the bottle, they were able to get more material into their solutions. As we have seen from the dried silica gel experiments, these super-saturated solutions made up with structured water will form crystals upon further evaporation.

The shaking between additions or dilutions increases the hydration shells around each of the ions which increases the distance between paired ions. This overcomes the natural tendency of pair ions, such as  $\text{Na}^+\text{Cl}^-$ , to remain in close association and results in a higher activity of these solutions when compared to normal dilutions. For example,  $\text{HgCl}_2$  when diluted beyond the point of having any  $\text{HgCl}_2$  present, that is

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beyond 10 gm/L, showed a dielectric conductivity comparable to a lower dilution. (9.Mikesell 1985) Succussively diluting chemical compounds and medicines or preparing them with some form of structured water results in a more dilute solution activating the chemical reactions when compared to standard dilutions made with bulk water. The structured



water can be activated with crystals, sunlight, magnets, electrolytic separation or re-electrification. The alchemists, by using these living waters have discovered a different set of laws regulating chemistry and medicine under conditions which more closely resemble the living state.

Ref. 1. Mikesell 1985, "Introduction to the Mikesell Papers", P.R.I. Newsletter, Vol. 2 No. 3 1985, p.9-10.

2. Parachemy, Vol. 5 No. 2 Spring 1977, p.429-433.

3. Essentia, Vol. 1 Winter 1980, pp.6-7 & 10.

4. Essentia, Vol. 3 Sumer 1982, pp.5-10.

5. Parachemy, Vol. 5 No. 2 Spring 1977, p.429-430.

6. Mikesell 1985 "Cellular Regeneration" pp.14-16 Pub. P.R.I.

7. Pethig, Ronald 1979 Dielectric and Electronic Properties of Biological Materials, N.Y. John Wiley & Sons, p.101.

8. Derjaguin, B. V. and N. V. Churaev 1973, Nature Vol. 244 p.430.

9. Mikesell 1985 "Structured Water: It's Healing Effects on the Diseased State" p.2 Pub. P.R.I.

[Norman Mikesell, M.S., researches structured liquids in the P.R.I. Laboratory.]

## QUESTIONS AND ANSWERS

Q. What breath technique is used to put thought-forms into the crystal?

A. There are four different patterns of breathing. The first is the drawing in of breath to the count of seven. The second is the holding of breath to the count of three. The third is the exhalation to the count of seven. The fourth is the non-breathing, the holding pattern, to the count of three. The information is stored in the crystal by relaxing yourself in the holding pattern, creating a clear image of what you want to do, being at one with the crystal and linking to it on all levels. Draw your breath in through your nostrils with the thought of becoming one with the crystal. Then exhale forcibly through your nostrils, putting that thought mentally into the crystal. You then relax and feel the crystal and it's vibration.

Q. What are the purposes and intents of the different phases of breath?

A. In stage one you prepare a thought-form to be stored in your body. For example, in linking to the crystal, in becoming one with it, the indwelling breath then stores this program into the body. The holding of the breath builds this field up to a critical level, and the sudden outgoing breath does the linking.

Q. How do you use the breath in discharging the crystal?

A. To discharge a crystal, hold the crystal with your thumb at one tip and the forefinger of the same hand on the other tip. Place the other hand on opposite faces (sides) of the crystal, again using the thumb and forefinger. Draw in your breath with the thought of clearing and suddenly release the breath with an explosive nostril breath. Rotate and clear each pair of faces in like manner, a four-sided crystal requiring two outgoing and clearing breaths, a six-sided requiring three, and an eight-sided requiring four, etc. That is all that is required, mainly the intention to clear and the outgoing breath to do the release and clearing. It is not necessary to wash the crystal in water or soak in salt water to clear. The reality of cleaning is in the intention of the person and not the water.



Tumors may be regressed by the use of low voltage electricity through electrodes adapted from biopsy needles. Bjorn Nordenstrom developed the percutaneous needle biopsy technique which is currently used in every major hospital to diagnose malignancy. He had to design the needle and the X-ray equipment necessary to successfully carry out this process. It took 20 years before his knowledge was accepted in the United States.

His new theory is biologically closed electric circuits. A positive low voltage [10v] needle is applied to a malignant tumor and another probe, the negative pole, is applied to the surrounding tissue. He noticed chrona, dismissed by other radiologists, around the X-rays of some tumors. No difference in the tumors with and without chronas appeared until he tested the electrical properties. He is quoted by Gary Taubes in "Discovery Magazine", April 1986: "I thought to myself, 'Isn't this silly, just to introduce a needle to take out samples of materials? Perhaps I could see something more, study something more when I'm in there with my instruments.'" Tumors with chronas frequently had an electric potential and often the core had begun to die. When cells are cut off from the blood stream tissue death occurs.

Starting with blood, this creative doctor found that the electric charge in the decaying blood would alternate between the positive and negative until cell death occurred. "Any injury to the body creates a voltage that continuously fluctuates between positive and negative until it finally reaches electrical equilibrium [healing]". He feels that the energy released by the dying cells may be the "battery" energy of electric circuits. Bjorn Nordenstrom feels that since the electrical resistance of arteries and veins is over 200 times that of blood, they act as insulated cables that conduct electricity and electrically charged blood cells throughout the body. When electric current is applied to the blood vessels, white blood cells, which carry a negative surface charge, are attracted to the positive electrode. This brings the major tumor fighters to the area and also may cause blood clots. He feels, as of 1978, that he has identified every circuit (element) in the body. His designation for this system is VICC, vascular interstitial closed circuit. The AC power source, builds a fluctuating potential to slowly drive the circuit. The blood and the interstitial fluid both act as conductors. Cell enzymes in the capillary walls act as electrodes. Again Dr. Nordenstrom is quoted, "When you have found all the elements that correspond to an ordinary electric circuit, and each element performs its defined function, it must work."

"Discovery" magazine quoted Nordenstrom as saying, "Radiotherapy has been practised for eighty-five years at least, all over the world, extensively, every day, year after year. Still we don't know how to optimize that technique. And that's a fairly simple principle. With electricity you can play with an enormous number of parameters...." "It would take years and years, even if we start to work now." The body's electric circuits are affected by acupuncture and healing crystals. We are actively researching scientific evidence. Please give us the results of your experience in these fields.

Biologically Closed Electric Circuits: Clinical, experimental, and Theoretical Evidence for an Additional Circulatory System, Bjorn Nordenstrom, [self-published] Ronninge, Sweden 1983 [\$135.00]

"Discovery Magazine," Electric Man, by Gary Tauber, pp.22-37 Apr. '86



## EXPERIMENT FILE #31 - MEASURING THE EFFECT OF PEOPLE ON YOUR BODY

## Material Required:

pictures of people who impact your life  
 names of people who impact your life written on paper 3"x5" file cards  
 an assistant for muscle testing

The body is a vast complex of various structures. It is possible to use these structures in an organized manner to heal or to act as a transmitter, a receiver or a test instrument. The double-terminated natural quartz crystal acts as a transducer to focus this energy, much as a laser focuses light.

These energetic structures are given the name "subtle bodies". To people who have developed their capacities to see clairvoyantly they appear as a luminous cloud around the physical body, possessing both form and color. As you develop and integrate these subtle bodies, they take on a more precise pattern and form, very much like the crystallographic shapes we have in the mineral world. They have been photographed by means of a special camera, designed by George de la Warr of Oxford, England, that is now being used in the P.R.I. Laboratory.

To see what effect particular people have on our physical and subtle bodies, hold the specimen name or picture to the witness [thymus] region, but we should not know which name or picture is being tested. Your assistant will keep a record of the results. Have him number each person's name and record these in the notebook. Use the principle of kinesiology to determine which of these people cause a weakening and which cause a strengthening in your body. Ask the question, "Is this person a positive energy for me at this time?" Perhaps a better question would be, "Is this person for my highest good?" Test the effect of this sample by having your assistant put light but firm pressure on your extended arm. Positive energy reinforces and negative energy weakens your resistance to your assistant's pressure. It is possible to "clear" many of the relationships with people who cause a negative response. This demands that you develop an understanding of the issue and a willingness to face the reality of the issues that are troubling this relationship. To truly "clear" the relationship may demand counseling and professional guidance.

This experiment will help you to select a combination of individuals who can form a positive support network which will allow you to work for the highest good of yourself and others.



## EXPERIMENT FILE #32 - CLEARING AN ILLNESS FROM A DISTANCE

## Materials Required:

associate to test your strength  
 3"x5" card  
 pictures  
 pen

We mentioned in the previous experiment that thoughts of people we are



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When you order a crystal, complete the Order Form indicating type of crystal, what it will be used for, and enclose a check or money order for the cost. Love and care are put into the cutting of the crystals. The quality quartz crystal that we use is becoming more difficult to locate because of increased demand. Expect 4 to 6 weeks delivery under normal circumstances and 6 to 12 weeks delivery when raw crystal is on back order.

We would like you to consider and appreciate the value of the crystal you are ordering and make use of it in your life with love. You might want to attend one of Marcel's workshops on the use of crystals or if this is not possible, please note the video tapes that are available. With your crystal order you will receive an audio cassette tape that gives instructions on how to use the crystal.

If you break the tip of your crystal, we can retune (recut) it for you. The cost depends on the extent of damage to be repaired. (\$25.00 to \$100.00)

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### CRYSTAL HEALERS AND INSTRUCTORS AVAILABLE FOR TREATMENTS AND SEMINARS

If you wish healing treatments or a speaker for seminars on the use of the healing crystal, contact one of the following. Marcel is now devoting the majority of his time to research.

John Adams, M.D. (So. California only)	Whittier, CA	(213) 698-7919
Rozanne Bazinet, Ph.D. (Psychologist)	Niagara Falls, NY	(716) 283-0089
Robert Fritchie, (So. California)	La Verne, CA	(714) 596-0970
Warren & Carol Klausner,	San Diego, CA	(619) 294-9656

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### OMEGA METATRONIC MACHINE

The Omega IV and Omega V have been laboratory tested and found to be operational. They measure the charge in crystals, the charge present in water of various types and the charge present in homeopathic and Bach Flower remedies. An instruction manual for procedures and basic operation is included. Omega IV - Order # OIV, Price \$1600.00; Omega V - Order # OV, Price \$2600.00. U.S., Canada and Mexico add shipping and handling of \$25.00; other countries will be billed (Surface \$50.00+, Air \$100.00+). Declared Value will be FULL RETAIL under all circumstances. California residents add 7% Sales Tax. Expect 8 - 12 weeks delivery.



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The Hawaii Seminar tapes are not available at this time. Check the next newsletter for more information.

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AT104	CRYSTALS, HEALING & MEDICINE (From 1983 Symposium of the Holmes Center for Research in Holistic Healing)
AT105	A.R.E. CONFERENCE - January 25, 1986, Phoenix, AZ
AT106	RECORDS ARE WRITTEN IN STONE - East/West Bookshop, January 17, 1986
	CRYSTAL WORKSHOP V - SAN DIEGO, CA, OCTOBER 1984
AT241	Side A: The Oneness of All Life. Man, Mind, Plant, Crystal. Side B: Getting Acquainted with Crystals, Recom. Reading, Quartz Crystal Growth, Relationship of Quartz to Water.
AT242	Side A: Crystal Ball Atunement, Clearing a Crystal, Magnets, Charging Crystals and Atuning with Them, "Records Are Written In Stone", Practical Applications. Side B: Kinesiology Experiments, Dowsing, Clearing Fields with Intention and Breath. Different Types of Quartz.
AT243	Side A: Function of Cut Crystals, Healing Sessions-Respiratory, Specific Healing Proced., Group Healing, Parkinson's Disease, Self-Help for the Heart, Multiple Sclerosis. Side B: Cut Meditation Crystals, 6 & 8-Sided Cut Crystals, Balancing Shields, ElectroAccuscope, Opening the Heart.
AT244	Side A: Healing - Lower Back Pain, Working with Animals, The Meaning of Love, Studies of Water, The Effect of Thought on the Body, Adventures Behind the Iron Curtain. Side B: Practicing Clairvoyance, Group Healing, Use of the Healing Crystal, Demonstration - Spinal Trauma.
AT245	Side A: Demonstration - Crystal Healing Procedure. Side B: Case Study - Dr. Adams, Thought Photography, Finding the Note in Matter, Self-Healing with Chromotherapy, Healing with Sound, Magnets.
AT246	Side A: Questions & Answers-Magnets, Shock, Coma, Paralysis, Possession, Homeopathy, Essence Chemistry, Healing Sessions - Broken Coccyx, Diabetes, Multiple Imbalances. Side B: Healing Session - Emotional/Physical, Color Therapy with Crystals, Back Surgery, Review of Healing Procedure, Healing - Prostate & Digestion, Arthritis, Bursitis.

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The PRI Newsletter provides the reader with an update on current research projects, a variety of subtle energy experiments to conduct at home, seminar schedules for Marcel Vogel and associate speakers, book reviews and information on many other interesting topics. Give yourself and a friend a subscription. The Newsletter is published bimonthly (6 times per year) and the cost of the two year subscription of 12 issues is \$25.00. (Add 10% for addresses outside of the U.S.) When you order you may request that some or all of the back issues be included (May/June 1984 to present, \$2.00 per back issue).

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### MARCEL VOGEL'S CRYSTAL KNOWLEDGE WORKBOOK

The Crystal Knowledge Workbook is a composite of fascinating information, exercises and material that have been covered in Marcel's seminars. The price of the August 1985 revised edition is \$30.00 and the Order # is WB2.

- U.S., Canada and Mexico add 10% to order for postage and handling, other countries add 20%.

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### SCIENTIFIC PAPER

"Cellular Regeneration" and "Structured Water: It's Healing Effects on the Diseased State" are two research proposals written by Norman D. Mikesell, M.S., for researchers in the field of metabolic and degenerative diseases. The purpose of these proposals is to inspire researchers to design experiments using structured water, vitamins and minerals. Although the literature review includes both experimental and clinical data, it is in no way intended as a set of recommendations for the practicing physician or healer. The price of these two proposals is \$30.00 and the Order # is SP-100.

- U.S., Canada and Mexico add 10% to order for postage and handling, other countries add 20%.

- California residents add 7% sales tax. Expect 4 - 6 weeks delivery.

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Psychic Research, Inc. is supported solely by Marcel Vogel's lectures, sales of items on these pages and your donations. Thank you for allowing us to continue our research.

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working with affect the continuum of the bio-energetic fields which surround our body. When we carry a picture or wear a photograph of an individual in our purse or wallet, it affects our subtle bodies. This is especially true of those who are closely related to us, such as our spouse or children. In carrying these pictures on our body we are linking to them through our etheric or bio-energetic body. Periodically we should clear these pictures with a thought of love and well-being.

Try this experiment if one of your friends or children suffers an accident or illness. Use their picture and write the illness on a card. Take the picture and illness card and place them on your witness area. Have an associate check your arm for strength or weakness. Place the picture, the illness card and a crystal which you have charged with the thought of love and speedy recovery on the witness area and pulse your breath. Have your associate test your arm again. You will experience a marked strengthening of your body in the later test. Clear the crystal, and tear up the card. Place the picture back in your wallet or purse.

This can be done for anyone, any place in the world. It is especially effective in aiding children and young animals. So often people call me for help and I say I will pray for them. If I have a picture of the person I will do what I have just described. If not I write their name on a small card with their need. I place it on the crystal, bring it to the witness area, create a thought of love and well-being, then release it with breath.

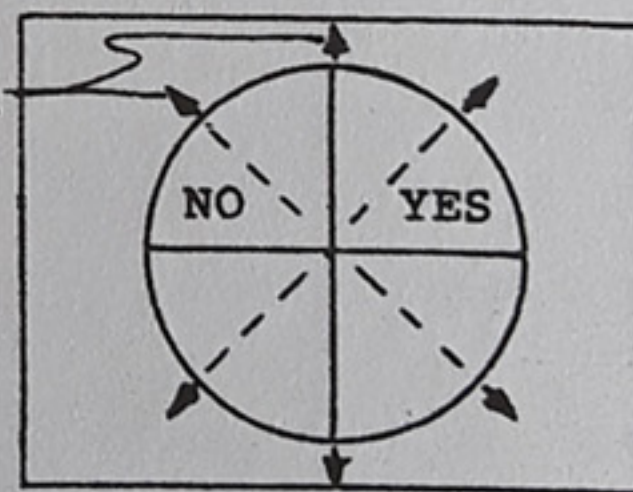
In a similar way you can carefully analyze the influence of various clothing, cosmetics and substances on the physical and subtle bodies, by first using kinesiology and a crystal to clear the negative effects.

#### EXPERIMENT FILE #33 - MEASURING THE EFFECT OF VIBRATIONS FROM SUBSTANCES PLACED ON OR IN THE BODY

##### Materials Required:

thread samples from various articles of clothing from your wardrobe  
samples of your cosmetics, soaps and lotions  
small weight  
sturdy string  
3"x5" cards

movement of pendulum



Cut a series of one inch squares of light cardboard. Take the thread samples and adhere them to a cardboard square with Scotch tape. Mark on the other side the nature of the material, be it polyester, nylon, cotton, etc. Then put a speck of each of the cosmetics, soaps, and lotions on a cardboard square and cover them with scotch tape. Make a descriptive note on the opposite side. Do this for all of the materials that touch or go into your body. [example: hair spray, fingernail polish, mouth wash, toothpaste, soaps and detergents] Take your healing crystal in your hand and program it with the intention that you want to experience the positive or negative influences of this substance that comes in contact with your body. Many synthetic fabrics contain plasticizers which volatilize and can influence your subtle bodies, affecting open up your ability to be sensitive. With experiential knowledge of these subtle effects, much of what we now call allergenic responses may be due to a specific reaction to these vapors



or the vibrations of these chemicals.

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To measure the affect on your body, two forms of analysis are offered: the pendulum and kinesiology. Make a simple pendulum out of a small weight that hangs about nine inches below a sturdy thread or string to which it has been tied. Write YES on the right hand side and NO on the left hand side of a piece of paper. Place your elbow firmly on the table surface and suspend the pendulum between your thumb and forefinger until the pendulum is hanging about one inch above the surface of the paper. Take a deep breath and slowly release the breath until you are in a comfortable holding position and initiate a swing. Mentally program the pendulum to swing to the right. Then mentally program the pendulum to swing to the left.

Clear yourself of any considerations as to how the pendulum should move during the test. With your free hand take a crystal programmed for your general well-being and place your forefinger on top of the crystal. Put them on top of the first paper sample containing a thread. Ask the question, "Is this right for me to have on my body?" Watch the movement of the pendulum and record the results. Do all the cards, one at a time, to test your wardrobe. When you receive a negative response you can then ask a series of additional questions: Is it due to: the color, design, the fabric, the dyes, the factory energy, etc.?

The same tests can be made using kinesiology. By these systematic analyses you can discover the proper clothing to wear. Follow this same procedure to test for the cosmetics that are acceptable and, above all, the chemicals you are using in your mouth. Many substances have subtle effects on us. In the next P.R.I. Newsletter I will show how these effects can be cleared from the body.

## BOOKS

SIMON & SCHUSTER'S GUIDE TO ROCKS & MINERALS, Ed. Martin Prinz, Geo. Harlow & Joseph Peters, Simon & Schuster, and the companion book....

SIMON & SCHUSTER'S GUIDE TO GEMS AND PRECIOUS STONES, Ed. Kennie Lyman, Simon & Schuster, 1230 Avenue of the Americas, New York, NY 10020

Here are two excellent reference guides to the kingdom of rocks, minerals, gems and precious stones. The basic classes of crystals, their method of identification and classification are given in precise but simple detail. Anyone who is interested in crystals and wishes to expand his knowledge should have these two books.

GEMSTONES IN THE GEOLOGICAL MUSEUM, By W. F. P. McLintock, CB, DSc, Institute of Geological Sciences, Exhibition Road, South Kensington, London SW7 2DE, U.K.

This British Institute has published a very informative guide to the various gemstones. It tells how the cuts are made in faceting of gem stones and also a method of making cabochons. These books will help you to love of this wonderful part of nature's horizon.

GEMS & PRECIOUS STONES OF NORTH AMERICA, Geo. Frederick Kunz, Dover Pub. Inc., 180 Varick St., New York, NY 10014

A goldmine of information on gems throughout the United States, Canada and Mexico. Also the early history of quartz, the types of quartz and its location. This is a supplemental reference.

MAN-MADE GEMSTONES, D. Elwell, Halsted Press Div., John Wiley & Sons, 605 Third Ave., New York, NY 10016

A description of how synthetic gemstones are manufactured. Quartz,



opal, and turquoise are listed in this delightful book.

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RICHES OF THE EARTH, ORNAMENTAL, PRECIOUS AND SEMIPRECIOUS STONES, Frank J. Anderson, Windward Div., W. H. Smith Pub. Inc., 112 Madison Avenue, New York, NY 10016

This recent addition to the family of books on crystals, goes into the early and medieval history of gem stones. This book is a delight to read. It shows man's involvement from earliest time with the crystal world. His respect for that world and the intrinsic benefit that each generation found in crystals and gemstones. Chapter nine gives the basics of collecting stones.

HOW TO BUILD A FLYING SAUCER, AND OTHER PROPOSALS IN SPECULATIVE ENGINEERING, T. B. Pawlicki, Prentice-Hall, Englewood Cliffs, NJ 07632

The author has done a remarkable job in putting together information you cannot find in other books. I first rejected this book, but in carefully reading it there was much to contemplate. The most valuable article is on the philosopher's stone and the possibility of transmutation of elements. The article I enjoyed the most was one on positive and negative time travel. It is very good to have books of this type in our library. Take some of these statements and see if they can be brought into tangible reality. If you get this book and follow some of the suggestions for experimentation, write to me and I will be glad to discuss them with you.

PSI RESEARCH, East/West Journal on Parapsychology, Psychotronics and Psychobiophysics, Vol.1 No.1, March 1982 thru Vol.4, No.3/4 Sept./Dec. 1985, Ed. Larissa Vilenskaya, PSI Research, 3101 Washington St., San Francisco, CA 94115

A journal of real importance and a work of love. It is edited by Larissa Vilenskaya, who was a translator in Russia for visiting scientists when they came to Russia to exchange technical information. These books come out periodically and are a good source of information. Many translations of Russian scientists' work in the field of Parapsychology and Psychotronics are given. The back issues can be purchased and a subscription sent to the above address [a quarterly at \$25.00 per year]. Larissa is currently demonstrating fire walking. Those interested in this can contact her.

M.V.

#### **ANIMAL COMMUNICATION: THE PSYCHIC CONNECTION by Penelope Smith**

Communication with animals is as old as there have been life forms or beings aware of each other in this world. In this age of spiritual reaching out and recognition of oneness with all life, communication between humans and animals has taken on a deeper meaning for many as they realize their psychic connection. The animals love it!

As an Animal Consultant, I focus on increased understanding among species, and it is a joy to help rehabilitate the commonly rusty ability in people to mentally communicate with animals. While this may seem farfetched to some, let's look at the basics of what and who animals really are to see the possibilities.

The word ANIMAL comes from the Latin, ANIMA, meaning life principle, soul, breath, air, and denotes a living being. Animals are not furry, feathered or scaled robots designed solely for human use, consumption or domination. They are spiritual beings, aware of themselves and those around them in various ways and able to communicate with and understand very well those who are open to the communication and understanding.



The ability to directly communicate on a mental or spiritual wavelength as animals do with each other and with tuned-in humans, usually gets lost in childhood, when the exclusive use of language is the only method considered valid, intelligent or acceptable by adults. Where there is love for animals and willingness to re-learn, that ability can be revived.

Through listening and talking to animals and counseling them with the same methods that help human beings, upsets and problems resolve, negative behavior disappears, illnesses and injuries heal speedily, and warmth and communion between humans and animals blossoms. For those who are skeptical and need physical proof of mental or psychic communication, these often dramatic changes are evidence. The rewards are mutual expansion and delight.

The first thing you can do to start on the road to communication exchange with animals is to discard any condescending attitude that animals are lower or less evolved or less intelligent beings. This will block true communication, just as it does when people pull it on other humans. Regard animals with respect, openness and even as potential teachers, and this alone will enable you to observe them with a fresh light and open up a wellspring of information from them about who and how they are.

The second barrier you can work on lifting is your own doubt or self-invalidation on the possibility of tuning in and receiving communication from animals on a mental or psychic level. If you love animals you already "hear" what they say to some degree, whether or not you acknowledge that you are doing it. Commonly, when I explain what animals are saying, people exclaim, "I thought he was trying to say that" or "I kind of picked that up." Lack of recognizing the reality of that perception as it happens or self-invalidation makes them think they couldn't really be understanding what the animal was saying. This often inhibits the willingness of the animal to continue communicating and can create frustration for all involved. You'll be amazed at what can happen if you accept the thought, concept, emotion, picture or spiritual sense that you get when you are really listening to an animal and continue your communication from there. Since we all love being understood, your relationship with your animal friend is bound to blossom.

For more insight on psychic communication with animals, I recommend J. Allen Boone's book, KINSHIP WITH ALL LIFE, available at some bookstores and most libraries. Also, my own book, ANIMAL TALK - A GUIDE TO COMMUNICATING WITH AND UNDERSTANDING ANIMALS, available from Pegasus Publications, P.O. Box 1060, Pt. Reyes Station, CA 94956 for \$6.00.

[More articles by Penelope Smith, animal psychic consultant, in future issues. She can be contacted for consultations at 415/663-1247]

#### THE CRYSTAL HEALING INSTRUCTORS

The following people will provide very interesting and informed lectures on Crystal Healing. They are all trained by Marcel Vogel and speak knowledgeably in relation to their particular specialities.

John Adams, M.D. in Whittier, CA 213/698-7919

Rozanne Bazinet, PhD [Psychologist] in Niagara Falls, N.Y. 716/285-5505

Robert Fritchie, in Southern California, 714/596-0970

Carol & Warren Klausner, in San Diego and across the U.S. 619/294-9656



# MARCEL VOGEL'S LECTURE SCHEDULE FOR 1986

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MAY 2-4 & 5-9 JOY LAKE, NV	"THERAPEUTIC USE & APPLICATION OF CRYSTALS & CRYSTAL DEVICES" Contact Alan Morvay, P.O. Box 1328, Reno, NV 89504 702/323-0378
MAY 17 & 18 BLACK MTN., NC	"THERAPEUTIC USE OF CRYSTAL DEVICES FOR BALANCING THE SUBTLE BODIES OF MAN", Sufi Healing Order, Sat. 2:-5:00pm & Sun. Lect. 8:45-10:15am Rt#2, Box 166, Leichesters, NC 28748 704/683-4691
MAY 30-JUNE 1 MONTREAL, QUEBEC, CANADA	SPIRITUAL SCIENCE FELLOWSHIP, Contact Prof. Rossner, 514/937-8359, 1974 de Maisonneuve West, Montreal, Quebec, Canada H3H 1K5
JUNE 5-8 PHILADELPHIA, PA	"USE OF CRYSTALS IN HEALING" 10:45 Lect., "THE TECHNIQUE OF DEVELOPING THE ABILITY TO FUNCTION AS A SPIRITUAL SCIENTIST", Spiritual Fronteers Fellowship Conf., Rosemont College, Cont. Paul Fenske, 215/222-0619
JUNE 15-18 LAKE FOREST, IL	"A JOURNEY OF TRANSFORMATION, Spiritual Advisory Council [Paul Johnson, 2965 W. State Rd. 434, Longwood, FL 32779 305/774-6151]
JUNE 20-22 SAN BRUNO, CA	FIRST INTERNATIONAL CRYSTAL CONGRESS, 9:00am Lecture & 1:-3:30pm Workshop, Human Energy Church, San Bruno, CA Cont. Laura Bushnell, 415/873-0139
JUNE 27-29 GARBERVILLE, CA	"HEALING WITH CRYSTALS AND THE POWER OF THOUGHT", Heartwood College, Cont. Jeff Hass, 220 Harmony, Garberville 95440 707/923-2021
JULY 5 & 6 WEST GERMANY	2 DAY LECTURE [Rita Haack, von Miller Str. 4, D-8085 Geltendorf 2, F.R.G. 011+49+8195-1655]
JULY 11-14 WEST GERMANY	FOUR DAY SEMINAR [same as above]
JULY 18-25 JOY LAKE, NV	"INTRODUCTION TO THE JOY OF LIVING" Fri. PM, Sat. & Sun. & "THE JOY OF LIVING" Mon.-Fri. [Alan Morvay, P.O. Box 1328 Reno, NV 89504]
AUG. 29-SEPT. 5 JOY LAKE, NV	"TRANSFORMATIONAL MEDICINE" [Alan Morvay, P.O. Box 1328 Reno, NV 89504 702/323-0378]
SEPT. 26-28 OMAHA, NE	THE TOTAL ENERGY CONNECTION [Cont. Anne Komar 402/554-3042 or 558-4477]
OCT. 18 & 19 NEW YORK, NY	[Klausners, P.O. Box 33537, San Diego, CA 92103]
OCT. 25 & 26 PHILADELPHIA, PA	YOGA SOCIETY [Cathryn Crews 215/928-1021]

## LETTER

ROZANNE BAZINET would like us to announce her new location at the WELLNESS INSTITUTE OF NIAGARA, 1115 Main St., Niagara Falls, NY 14301 716/285-5506 where she works with Psychotherapy, Crystals & LECTURES: APR. 19, TORONTO, CANADA Crystals and Crystal Healing, [Cont. Tamara Penn, 416/221-4992].....

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 : corporation using scientific research and education to aid mankind. :  
 : .....



## VIDEO TAPES DEMONSTRATE THE CRYSTAL HEALING TECHNIQUE

Part I of the currently available video series, "THE THERAPEUTIC USE OF HEALING CRYSTALS #1" [VT101] is an introductory tape. This covers Marcel Vogel's development of the crystal technology, basic information on quartz crystals, breath, prana, dowsing, techniques of self healing, and a step-by-step description of how to prepare and use a healing crystal.

"THE THERAPEUTIC USE OF HEALING CRYSTALS #2" [VT101] has been available from P.R.I. for several months. [Note: if you have already purchased a video tape from us please be sure that you order tape #1 of this series to avoid duplication.] It contains eight healing demonstrations by Marcel Vogel from the Joy Lake training. This tape is for the more advanced student of the crystal healing technique.

Regarding the HAWAII SEMINAR tapes: these are not available as yet. We are hoping for a May 15th delivery date. We have run into a technical problem which has caused the delay. The final version will probably contain three video tapes rather than the two mentioned in the last issue. See the next newsletter for more information.

### VOLUNTEERS

The lab has need of services in the following areas: typing, artwork, word processing, editing, clerical, grant writing and research. If you wish to help, please contact us at 408/279-2291. Thank you!



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