

## PSYCHIC RESEARCH NEWSLETTER



### VOL. 4 NO. 1 JAN. - FEB. 1987

THE PATTERNING OF THOUGHT by Marcel Vogel, Ph.D.

"As a man thinks, so he is," and "energy follows thought."

In our laboratory experiments we have pund that the act of thinking releases in energy which we can store in the lattice system of a cut quartz crystal. These patterns of thought vibrations are stored and oscillate like a magnetic domaine field.

We have found also that when a thought-form is released into space, two things happened. Thought is contained in geometric pattern forms in space, causing that space to oscillate. That oscillation, in turn, acts on matter that is in space, namely the atomic forms of oxygen, nitrogen and the water molecules, causing them to vibrate and to propogate a series of patterns that move outward into the space around the body. This is much the same as the circular pattern formed when a rock is thrown into the water.

The primary pattern of a thought-form is held in the etheric body of an individual. It fits into a geometric form, much the same way that the energy of our mind fits into the geometric form and pattern of a crystal. It is my belief, from our studies, that there is a great similarity in the structure and symmetry between the crystal and the energy body that surrounds an andividual. When we think, we generate a pattern, and this pattern locks in space. It then oscillates and radiates a field that acts on matter. This is the "energy that follows thought".

When we think precisely, thinking in accordance with the well-being of an individual, that thought locks into the

pattern of that person and starts the process of integrating the fields that we generate so that we become more and more a cohesive, integrated, functioning individual. This says that we become at one with ourselves. In this process of developing at-one-ment, we build the capacity, the energetics to move to a higher level of consciousness so that the love of God, the Divine Mind, can flow in and through our body.

If you are scattered in your thinking and you use higher energies of God in your life, you will find that force of these energies will literally break you apart, manifisting in disease and illness. To stand in this light we must have no fear within us, for whatever takes place, we must be willing to remove our ego and let things be.

A good example can be drawn from the experience of St. Paul when he was struck from the horse by the light of the love of God. The force that struck his body caused him to be totally blinded. It was only when he made an affirmation of acceptance of the teaching that God wanted Paul to do that the veil was lifted and his sight was again restored. We can act within ourselves, by becoming aware of our intrinsic good, beauty and power.

This is inherent in each human that is on this earth plane. We are given by Divine Right the capacity to create, the ability to bring into being that which did not exist the moment before. This is the unique quality that differentiates man from the beast. We have that transcendent quality that allows us to bring creation into being by our actions and words. As we exemplify our best self, we continue to

P. 2 raise our level of consciousness. We move up the spiral of activity going closer and closer to the One who is the All, the love of God.

We have seen in our laboratory the transfer of the energy of thought into a quartz crystal. We can retain this energy in exactly the same way that we store information on ferro-magnetic material. Sound imprints on the tape or disc after the magnetic recording head creates a magnetic domaine that consists of the information code of the sounds, that are passed through the coil.

Quartz crystals will store the geometric pattern of thought in much the same way. We store patterns in our energetic or subtle bodies. When stimulated by a magnetic field, we radiate that vibration out in space. This field will act on matter or fluids. When water is spun in a right-handed spiral, the flowing water creates an oscillating field up to .07 Gauss. This field is of sufficient magnitude to amplify the information stored in the crystal, extract that information, and structure the water molecules in systematic arrays in accordance with the pattern and informaton codes locked in the crystalline system of that quartz.

As we think, we produce patterns. These patterns are omni-present. They transcend the electromagnetic spectrum. By their presence they act on matter. Matter is then moved to action, much as we experience sound and light.

When we spin this matter we also create a magnetic vector and an electric vector. We develop the quality of attraction and repulsion. We move a charge into being. The moving water now becomes an analogy to breath. As we

breathe, we bring in a volume of air and it spins as it goes down the trachea, filling our lungs with this air. As we hold that air in our lungs, a vibration, an oscillation takes place. In other words, the patterns of thought that are stored in space by the act of thinking are drawn into our body by breath, processed into the bloodstream through the lungs, structuring the bloodstream with the information codes of our breath. We transmit thought by pumping blood through the entire body.

We exist both in our bodies and out of our bodies at the same time. There is that wonderful relationship that is moving back and forth living IN one level of matter and moving OUT of matter. When we take our breath in and hold it for a period of time, at first there is the struggle of feeling constrained. Suddenly, we may feel peace, tranquility and oneness come through our body. We feel drawn to become light, free from the earth's magnetic field and we move into the infinity of space, space that has no dimension or limitation.

When we breathe autonomically, the body regulates our breath causing an alternation between the left and the right nostril. When we deliberately do dual nostril breathing, we are feeding both hemispheres of the brain with oxygen. We are stimulating the rest of the body with the informational codes that are stored in and around the body. We feel this as an inner sense of peace and quiet. After a period of time, breathing in this manner, we sense a totality and a feeling of oneness.

Within every life form there is a spark of the Divine Mind, we call the soul. We all come from our Father and

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it is our job to take this spark and ignite within ourselves the flame of our thoughts, actions, and deeds, so that the outward expression of our soul is at peace and harmony with the inner purpose for our existence on this earth plane.

"Man know thyself." We know self by the observation of our own actions and the acquiring of the teaching from what we have done and what we need to do. The greatest teacher we have is ourself, because we are here to find and bring into being the talents the qualities of the life God has given to us. This comes from thinking, this comes from questioning, this comes from acting on at we have done or learned. But, wove all, the greatest thing we can do is to share our life and our experience with others so that we become one with our neighbors and our neighbors become one with the community. There is no longer the individual differentiation, but the integration of the one into the whole. Once we realize that we are truly the spark of the Divine Mind, what do we have to fear except fear itself.

God so loved mankind that he sent His own Son to open our hearts again, to understand our Divine heritage, to love one another as He has loved us. Life is, in the end, so very beautiful. Man, too often, makes life a struggle for power, position, for accumulation of material objects. Can we take that which is of matter with us when we transcend? The answer is no. But, we can and do take with us our thoughts, the results of our deeds. Above all, I believe we take the capacity we have acquired to love one another.

## EXPERIMENT NO.54 TEST THE EFFECT OF MATTER ON MATTER

of Materials for both experiments:

1 natural or a cut quartz crystal
A selection of condiments: sugar,
salt, pepper, herbs, spices, etc.
A subject to test
Clear your crystal. Pulse your breath

while holding opposing faces of the crystal, usualy three sets, while keeping a thought-form that the crystal will be clear. Put the crystal to the witness area, with the tip up, and test your subject for strength by the use of kinesiology. Place sugar on the crystal and repeat the kinesiology test. If the subject has incipient diabetes or is allergic to sugar, he will weaken and be unable to keep his arm extemded. Clear the crystal again. Repeat the test with the other condiments, clearing between each test. Record those substances to which you were allergic.

## EXPERIMENT NO. 55 TEST THE EFFECT OF THOUGHT ON ALLERGIES

Bring the crystal to the body, at the witness area with the tip up, and have the person draw in his breath. You may smell the essence of that condiment in the atmosphere. This is the vital energy that is contained in all matter.

To clear your body of the allergenic reaction or hyper-sensitivity to the material, draw in your breath and focus on the essence of the material to which you are sensitive. Project the thought of love, well-being and compatibility between you and this vibration. Pulse your breath and test it again. You should find that your arm is stronger. If you have done this properly your body should be more able to assimulate reasonable quantities of this material with no adverse reactions.

What we have been experimenting with are the geometric patterns of matter and how we process it with our mind. -  $M_{\bullet}V_{\bullet}$ 

IT IS BETTER TO HAVE HUGGED AND LOST, THAN NEVER TO HAVE HUGGED AT ALL.

## P. 4 INDEX: NEWSLETTER ARTICLES

For those of you who asked to know the main articles contained in past newsletters, we have compiled the following list. These issues of the P.R.I. Newsletters from Vol. 1 No. 1 to Vol. 3 No. 6. Available for \$4.00 each.

Vol.1 No.1: The Hopi Prophecy - R. Ball Vol.1 No.2: Planting Crystals -M. Vogel Vol.1 No.3: Dr. Leonard Laskow Behind the Iron Curtain-L.L.& R.B.

: Joy Lake Masters Program: Isolating and Shielding a Witness - Marcel Vogel

Vol.1 No.4: Too Many Healers Working on Your Energy - Marcel Vogel

Vol.2 No.1: Man:the Human Crystal-Vogel
Vol.2 No.2: Color and Sound: Its Influence on the Human Body-Vogel
: Clearing Jewelry and Gems-MV

: When the Bible was Translated - Richard Ball

Vol.2 No.3: The Importance of Love and Its Relationship to Crystals
- Marcel Vogel

: Books Not Included in Bible : Introduction to the Mikesell Water Papers-N. Mikesell,M.S

Vol.2 No.4: Letting Nature Teach-M. Vogel

: Importance of a Strong Support System-Dr. R.Bazinet

: How to Manifest Divine Qualities

: Bible References for Healing-Leonard Worthington

Vol.2 No.5: The Power of Thought- Vogel : Brain-Mind Balance/Astral

Travel - Marcel Vogel: Letting Go & Loving God-R.B

: Love Problems

Vol.2 No.6: Power of Love in Modifying the Taste of Foods- M.Vogel

: A Paragraph on Structured
Water Experiments -Mikesell

: The Repeatability of the Omega-4 - Jennet Grover

: Was Teotihuacan a Circuit?

- Richard Ball

Vol.3 No.1: The Crystal Skull - M. Vogel

: The Crystal Ball - M. Vogel : Records are Written in Stone

: Short Article on Alchemy -Norman Mikesell, M.S.

: The Difference between 4, 6, and 8-Sided Crystals-M.Vogel

Vol.3 No.2: Long Article on Alchemy of Water- Norman Mikesell, M.S.

: Breathing Techniques - Vogel

: Dr. Nordenstrom Cancer Cure Research - Richard Ball

: Animals (I) - Penelope Smith

Vol.3 No.3: Forming Aspect of Sound-M.V.

: Meditations for Children

: Sound and Music (I) - Augic Blume

: Healing-Rozanne Bazinet, Ph.D

: Animals (II)- Penelope Smith : Using the Meditation Crystal - Alan Morvay

: The Do's and Dont's of Radionics - Jennet Grover : A Crystal Meditation

Vol.3 No.4: A Transformational Healing-V
: Results of a Crystal Healing
: Training the Blind to "See"
: Grow Salt and Sugar Crystals

: Animals (III) - P. Smith : Sound and Music (II) - Blume

: Clearing X-Rays - J. Grover Vol.3 No.5: Prana, Od, Orgone Energy & Bio-plasmic Fields -M. Vogel

: The Healing Dialogue-J.G-R.B : Parathion Antibodies-R. Ball : Animals (IV)- Penelope Smith : Animal Communication - Ann

Finley
: Crystal Experiment for Plant
Growth - Phoenix

Vol.3 No.6: Intercellular Communication
- Marcel Vogel

: Crystals as Memory for Storing Patterns of Mind-M.V

: Radioactivity in Food -Robert Crane

: Orgone Research with Dr. Bernard Grad - Robert Crane

: Animals-Intelligence or Instinct (V) - P. Smith

#### THE CRYSTALLINE STRUCTURE OF THE ETHERIC BODY by Rozanne Bazinet, Ph.D

Everyone needs an emotional space in which to work. Psychologists have developed many studies on the work environment, showing how much physical space an individual requires to work efficiently. I doubt that anyone has researched the area required for the emotional space of the crystalline etheric pattern of the emotional body. What does it need in order to function efficiently in the workplace?

Very few individuals can work in an office for very long where the desks are squeezed in like sardines, without some negative reaction. How much space do we need for the emotional body? I am suggesting that this body is crystalline in shape and needs expression just like

the physical body.

My observations come from working in a clinic thirty-five hours a week in close contact with troubled clients and with other therapists. I have had more earaches in the last six months than in the preceeding twenty years. On reflection, I believe that when feelings are not allowed to be expressed, they get internalized in the body and slowly begin to erode the health of that particular part of the body. Assuming that you are doing all you can in caring for the physical body, the emotions must be affecting the the physical form. This has been a great teaching for me. The more I externalize my feelings, the more the pain begins to dissipate. The key is not just the externalization of feelings, but also the acceptance that these feelings are quite all right to have. This is more difficult when there is much tension at the workplace and the imployees are not allowed the "space" to express their feelings.

What we DO with our feelings is quite a different process than accepting these feelings. Many individuals have great

difficulty differentiating their own feelings from the feelings of others. They may absorb the pain and problems of others. They may deny their own feelings and put the responsibility for their unhappiness onto others. I believe that these emotions get locked into the etheric body and then accumulate mass in the physical form. If we deal successfully with feelings, there can be a corresponding effect in the physical body. We may observe weight change, pain reduction, muscle relaxation or remission of some illness.

Each person needs emotional exercise for the body's "crystal" to breathe. We may be able to observe or feel this process in operation. It is just as critical as physical exercise. The ability to express genuine feelings in appropriate ways is an art which is being lost. My belief is that if society allowed us to deal with the feelings of anger and sadness openly, in an appropriate manner, there would be fewer substitutes, such as alcohol and

I watch people move as if they are holding a great emotional burden. They build structures around their true feelings and will provide rational or emotive reasons for their problems. This is a result of the educational process which insists that we conform to the acceptable, instead of developing our wholistic balance and expression as

loving individuals.

The crystal is a very useful tool. It can serve to stabilize the emotional body if used in meditation when we are going through changes. It can be used to energize the physical and etheric bodies. It can be used to calm the body and psyche. The magnificence of its usefulness is that it responds to the intention of the user. Unlike an electrical device which can operate only for the purpose for which it was devised, the crystal responds to the breath, intent, and energy of the user.

With deeply repressed feelings, we still must learn to tolerate the intensity of the feelings brought out by the crystal treatment. If this is not done we can become controlling of ourself and as a result, controlling of others. Respecting feelings is an attitude, an energetic space we hold open for ourselves and others. It does not come from the words we use but more from the attitudes we project. The Freudian term "projection" means just that. Our perception of reality is literally projected onto another person. As a therapist, I work with people's projections. It is interesting to watch how the psychic space in an office is consumed sometimes by one or two individuals. I believe if we as individuals or corporate managers were trained to understand this phoneomena we would see a dramatic improvement of the ability to free ourselves to work happily with others, because we would be more happy within ourselves.

In the process of learning to use the crystal, we become far more sensitive to the subtle aspects of our surroundings and others. The crystal can be used as a tool to redirect these forces and strengthen the etheric body's energy. Lastly, I believe that what a scalpel is to the physical body, the crystal is to the etheric body. Some tools are better than others. The crystal is one I would highly recommend, if there is proper training, since the training of the human crystal goes hand in hand with the training of the quartz crystal.

#### QUESTIONS

Could you please show us what a healing crystal, a meditation crystal, and a pendant look like?



#### QUESTIONNAIRES AND TESTIMONIALS

We are currently distributing questionnaires to people who have purchased Marcel-Vogel Cut (T crystals. These are strictly for research purposes. However, we are also gathering testimonials for Marcel's upcoming book (Fall 1988). If you would like a formal questionnaire for either purpose, please write P.R.I., attn: Jennet. If you use a separate sheet please include, "I give P.R.I. (Marcel Vogel) permission to publish this information, including my name," and please sign this statement.

#### PENDANT INFORMATION FORMS

We would like to thank those who have returned their pendant information forms. If you need more, please call or write. The responses have been excellent. The detail that some of you have provided has been very helpful to our research.

#### P.R.I. IS PLANNING TO LICENSE THE TECHNOLOGY TO STRUCTURE CONSUMABLE LIQUIDS THIS YEAR

Efforts are underway to develop a licensing program to introduce this exciting new technology. Discussions are in progress on the form and scope of the licenses.

It is anticipated that a license for the structuring of consumable liquid substances: water, juice, milk, wine, etc., should provide considerable business opportunities. This income will help P.R.I. to afford the expansion necessary to follow up on a great backlog of potential research.

# THE MORA MACHINE, STRUCTURED WATER AND THE CRYSTAL by Robert Crane

Teresa Dale, who just returned after studying in Germany with Dr. Fritz Popp and Dr. Wolfgang Ludwig, experts in the field of bio-energetic medicine, recently visited us at Psychic Reserach. She brought an electroacupuncture device combining the Mora machine (devised by Dr. Ludwig, a physicist, and built by Morrel and Rasche) and a EAV machine (Voll's contribution), and researched by Dr. Popp. The device has pencil-sized electronic pick-ups made of brass which are placed at an angle on acupuncture points on either the hands or the feet.

Acupuncture points are access points or "relays" to the body's acupuncture meridian system, which parallels the body's internal nervous system. The meridians are part of the body's aura or energy body. The points are locations where energy flows between the external and internal energy bodies. Changes in electric conductivity (or resistance) which occur here are picked up by the Mora machine and analyzed by its digital computer unit.

Acupuncture theory states that specific points correspond to and measure the functioning of specific organs within the body. Organs are most influenced by the blood, and a transference occurs between the meridian system and the bloodstream at the acupuncture points associated with the blood stream.

The EAV meter on this device first picks up the signal carried from a specific organ through its specific point, then compares this signal to a normal signal and determines whether the organ in question is in a degenerate, inflamed or healthy state. A degenerate state is indicated by too weak a signal. For purposes of concise interpretation. the Mora machine has a dial which shows readings from zero to 100, with the half-way point of 50 indicating a normal or balanced organ, below 50 a degenerate condition, and above 50 an inflamed Acondition. Generally, readings between 40 and 60 are considered in the normal range.

In addition to the EAV meter, which diagnoses body energies, the Mora

machine also consists of a treatment device which takes the body's own natural signals, filters them and feeds them back into the acupuncture points at the proper phase and voltage levels, thus effecting an electromagnetic healing.

During experiments, Teresa took readings on several subjects with the Mora machine. Marcel then took one of his Vogel-cut T, 4-sided healing crystals and charged it with the intention of Love energy. He then used the Perkins' Omega 5 machine to broadcast its low frequencies thru the Vogel-cut T 4-sided healing crystal and structured water which was prepared in our lab.

The Omega 5 was then used to transfer the charge from the crystal to the structured water and the volunteer then placed the vial of water on his lap. When retested by Teresa and the Mora EAV meter, the subject showed a marked decrease in various inflamed readings, from the range of 90-100 to 70-80. Not all readings were equally affected. The volunteer then drank the structured water and was retested and it was observed that similar changes for the inflamed acupuncture points could be measured. Interestingly enough, the water produced the same changes outside the body as it did inside. This is evidence for the existence of a subtle body or aura that lies outside the material body, for when the structured water was in the subtle body it produced identical results as it did within the material body.

Many tests were conducted over a three day period, and the combined and separate beneficial effects of both structured water and the healing crystal were demonstrated.

The healing crystal was also placed over the solar plexus and pointed upwards and the subject was tested with the device for its effect. For most of the EAV readings, such as heart, lungs,

kidney, liver, etc., the reading improved, but for the lymphatic reading they did not. However, this reading did improve when the crystal was placed over the throat region and pointed downwards.

This seems to indicate that the effects of a healing crystal are subtle and variable, with the direction in which it is pointed within the body's aura "playing" an important role in the effectiveness of the healing.

Another series of tests showed that San Jose tap water influenced the subject to the extent that the EAV showed inflamed readings for almost all points tested. When the subject drank structured water, the readings returned to the normal range of 40 to 60, thus indicating both the strong effect of water on the subtle body plus the importance of drinking pure water.

In conclusion, we were able to demonstrate via the Mora machine, that a "charge" could be transferred from a crystal to a glass of water via the Omega 5 machine, and that that glass of water could have an effect both on the subtle energy body and on the internal energy system.

## CLOSING THE CIRCUIT by Judy Mingo, M.S.

One evening I invited my friend Tom over for dinner. As I was preparing the meal, we indulged ourselves with raw carrots to ward off our hunger. I was making conversation when I noticed Tom starting to grow fidgety. He got up from his chair and started to wander around in a contorted manner; he was having difficulty breathing. Tom said that the carrot was stuck in his lower esophagus. I recognized this immediately to be a condition referred to as hiatal hernia.

A hiatal hernia is sometimes coined "the Great Mimic" for it has a wide range of symtoms similar to ulcers, heart attack pain, general back pain, etc. Muscle spasms or a feeling of

cramping can occur at the base of the sternum and breathing can be difficult. A hiatal hernia is a condition in which the upper margin of the stomach either rolls or slides up into the opening of the diaphragm and becomes stuck there. Approximately one-half of the populace over the age of 40 suffer from this painful condition intermittently.

Treatment by the allopathic medical profession is to operate in severe cases (a 75% return rate) or live with it by taking digestive aids for temporary relief. One alternative method of treatment is based primarily on a mechanical technique as used by chiropractors. Weakened structures can be corrected and then the stomach can be externally pulled back down out of the diaphragm. A technique for the lay person-subject is to spread the tips of his fingers over the bottom edge of his rib cage on both sides and BREATHE. This is to release the spasm in the muscles of the diaphragm.

I work closely with a chiropractor who trained me in these techniques. I proceeded to try two of them to relieve Tom's pain. I was befuddled when neither treatment worked! He was about to leave distress when it dawned on me to use my six-sided Vogel-cut T healing crystal, using Marcel's technique for a healing (ref. The Crystal Knowledge Workbook, available through this newsletter).

Some of the pain was lessened, but the ailment was still there. The thought came to me to tell him to put his right hand on the base of his sternum. This acted to ground him and at that moment, the discomfort vanished. I had forgotten a very important step in the healing process where the healer closes the circuit by touching the subject at the distressed area while simultaneously touching the area behind the site with the other hand. This grounding served to be a vital step in the completion of the healing process.

#### BOOKS

THE MYSTICAL LORE OF PRECIOUS STONES, Vol. 1 and Vol. 2 by George Frederick Kunz, Ph.D. Newcastle Publishing Co., P.O. Box 7589, Van Nuys, CA 91409.

These two volumes combine the very finest compilation of information on the historic aspect and religious use of crystal and precious stones. Described are stones as talismans, amulets, and the intrinsic forces that early writers and thinkers claimed that crystals were apable of doing. The great Christian saint, Albertus Magnus, wrote a book on stones in which he, in his time, summarized the properties that people ascribed to crystals. We should evaluate these writings.

THE PSYCHE,

Eduard "Billy" Meier, Pub. American Office, FIGU, Semjase Silver Center, Box 797 Alamagordo, NM 88311.

DECALOGUE, or the Ten Bids, Eduard "Billy" Meier, as above.

MEDITATION, as above.

These three books were translated by Roberta Brooks from the information gathered by Eduard "Billy" Meier, from his contact with the Pleiadean system. They contain very practical, basic information for the well-being of the human body, mind and spirit. "Love must be the pulse beat of the human mind, because love is the sole path to peace, freedom, knowledge and wisdom." Christ spoke in a like manner. If we begin to practice these words we become one within our self, one with nature, and one with our friends in space. We are not alone. Read and judge for yourself.

TRANCE, ART AND CREATIVITY, by John Curtis Gowan, Printed for the Creative Education Foundation, Chase Hall, State University College, 1300 Elmwood, Buffalo, NY 14222 (1975).

This book is a very fine textbook in

the author's attempt to bring together very controversial subjects such as the creative mind and the way it functions, the artistic mind and its influence by dreams and the intuitive process of thinking and the trance state or altered state of consciousness. Much research has been done in hypnosis and hypnotic regression and suggestion as applied to an individual. Very little work has been done on the study of the natural faculty that we all have when we go into an altered state of consciousness in meditation, prayer and when we link to our Higher Self or our soul body with breath. The author has accumulated volumes of information which will be of help to anyone doing serious work in the field of parapsychology and the study of altered states of consciousness.

SPIRITUAL NUTRITION AND THE RAINBOW DIET, Gabriel Cousens, M.D. Cassandra Press, P.O. Box 2044, Boulder Co 80306 (1986).

The author, a medical doctor, has written on the feeding of the subtle or spiritual body. I like the footnote in the opening part of the book: "Nothing in this book is intended to constitute medical advice or treatment." With this the author proceeds to open up volumes of information that are buried in literature and often disregarded. His new paradigm of nutrition he calls, "The subtle organizing energy fields." These fields are the spiritual foods which, when exercised, allow man to be and live beyond the confinements of his body. What we drew by this type of formal knowledge is truly the love of God. We need to feed the physical body with food of a material nature but we must also feed the other bodies with the energy forces that most of us at this time do not understand or utilize, namely, the light that emanates from the act of loving in the transmutation of matter from one level of being earth-bound to being linked to the universe. This comes

about through breath. He has a short section on crystals in which he speaks on the crystalline body of man. The book is well written, well documented and recommended to all who wish to grow in emotional and spiritual planes. (Ed. Note: Norman Mikesell, P.R.I. biologist contributed a section on structured water for this book, found in chapter 2).

CLEARING CRYSTAL CONSCIOUSNESS by Christa Faye Burka, Brotherhood of Life, Inc., 110 Dartmouth, SE Albuquerque, NM 87106.

This is a non-technical book, written in a very loving way, to bring enlightenment to the practice of using natural quartz crystals for healing and meditation. The author referred to the energy in a specific crystal as the product of the local environment in which it grew. Once you give to that crystal a good house-cleaning with your intention and breath, it becomes a vessel which you can then work with in a very exciting and joyful manner.

Do not take this book as a scientific treatise. Extract the love you can feel and the author's intention to love and work with crystal. I think, in summary, that her general message is very good. That one of the major roles of the crystal today is to help the individual bridge the gap and develop awareness.

BREATH AWARENESS, by Leonard Orr, (also THE COMMON SENSE OF PHYSICAL IMMORTALITY), I Am Alive Now in the World, Box 163, Sierraville, CA 96126.

The author gives a short, succinct description on the consciousness of breath and some very practical breathing exercises. Read this work with books written by Yogis on the science of breath and pranayama. The author helps to strip away the complex Sanscrit language that is used by so many Indian teachers and brings a cohesive, understandable communication on breath

and its modalities in the maintenance of life.

YOUR HEALING HANDS AND BEYOND by Richard Gordon a cassette, from Wingbow Press, P.O.Box 2249, Berkeley, CA 94702. These two cassettes can be summarized in the author's statement that it is a course in life-force therapies. He presents techniques for using this force in alleviating pain for yourself and others. It includes insights and approaches for successfully handling stress. He goes from this into a discussion of levitation and spoon bending. These two tapes are fun to listen to, take notes on, and apply to your own life.

MARCEL VOGEL IS INVITED TO JOIN THE ADVISORY BOARD OF THE BIO-ELECTRO-MAGNETICS INSTITUTE

Dr. Vogel joins a distinguished group of researchers on the Board of the Bio-Electro-Magnetics Institute, including Frank Barnes, Ph.D., Electrical Engineering, University of Colorado at Boulder, Robert Becker, M.D., Orthopedic Surgeon, New York, Bernard Grad, Ph.D., Professor, McGill University, retired, Elmer Green, Ph.D., Menninger Foundation, John Ott, Ph.D., Jefferson University, Eliyahu Stoupel, M.D., Ph.D., Toor Heart Institute, Tel Aviv, Israel, Edward Edward Wilson, M.D., Director, Center for Bio-Behavioral Medicine, Boulder, CO, and James E. Zimmerman, Ph.D., National Bureau of Standards, retired. It is important that we support the innovative work done in these areas of research that are as yet undiscovered by most of the funding organizations. This institute is located at 165 Continental View Drive, Boulder, CO, 80303 and their telephone number is 303/499-3300.

TWELVE HUGS A DAY KEEP THE DOCTOR AWAY

#### VOGEL'S LECTURE SCHEDULE FOR WINTER/SPRING 1987

MARCH 29, DALLAS, TX

"THE THERAPEUTIC USE OF CRYSTALS IN HEALING MODALITIES" Krystallos, Contact Doranne McLemore, 214/692-9231

APRIL 18, SAN FRANCISCO, CA

Whole Life Expo, Marcel will give a lecture in the morning, and a workshop in the afternoon. Contact Anne Goldman, 415/454-7833

APRIL 25, NOVATO, CA

One day workshop with Marcel Vogel and Loretta Ferrier. Contact 415/898-2111

THE LAST OPPORTUNITY TO CRUISE !!!!!!!! If you are still interested in the "Crystal" Cruise to Mexico with Marcel Vogel staff, (boarding Friday, May 1 and return Friday, May 8 to Puerto Vallarta, atlan, and Cabo San Lucas, Mexico), there may be some last minute cancellations. Call immediately 408/279-2291. Visa available.

JUNE 5-8 LANDSBERG, W. GERMANY - PART TWO: For those who took Part One in 1986 or who attended the preceeding week. Contact Rita Haack, von Millerstr. 4, D-8085 Geltendorf 2. Tel. 011-49-8195-1655

JUNE 12 MUNICH, W. GERMANY LECTURE/MEDITATION/HEALING JUNE 13/14 MUNICH, W. GERMANY PART ONE: WORKSHOP FOR NEW PEOPLE JUNE 20-21 DENMARK PART ONE: WORKSHOP FOR NEW PEOPLE

JUNE 24-26 DENMARK

VOGEL-CUT CRYSTAL OWNERS' WORKSHOP. Contact Kurt Lykke Ingensen, Kastaniealle 111 A, DK-7442 Engesvang, Tel.(45)-6 86 40 44

JULY 24-31 MOOSE, WYOMING

AUGUST 21-28 MOOSE, WYOMING

SEPTEMBER 11-18 MOOSE, WYOMING

LOS ANGELES, CA

THERAPEUTIC USE OF CRYSTALS - MASTERS CERTIFICATE PROGRAM, In the Tetons Area, Contact "Gilbert" Preston, 307/733-3864 The Summit Light Institute is presenting three weeks with Marcel Vogel.

WEEKEND WORKSHOP WITH MARCEL VOGEL Contact Warren Klausner 619/294-9656

ROSANNE BAZINET SEMINARS J 19-25 OTTAWA, ONT.

**OCTOBER** 

AUG. 24-28 LILY DALE, NY AUG. 25-29

SEPT. 7 LILY DALE, NY

HEALING POWER OF CRYSTALS, WOMEN AND SPIRITUALITY, Contact Rozanne at 7400 Niagara Falls Blvd. Box 37, Niagara Falls, NY 14304 716/285-5505.

Lily Dale Assembly, Mon. - Fri. 7:30am - 9:30pm., Tues. - Fri. 2:30pm - 3:30pm (contact Rozanne). "Labor Day" 9:00am - 12 noon and 1:00pm - 2:15pm VOLUNTEERS The lab has need of services in the following areas: transcribing, typing, artwork, word processing, editing, clerical, grant writing and research. If you wish to help, please contact us at 408/279-2291.

WE WOULD LIKE TO EXPRESS OUR THANKS TO THE FOLLOWING PEOPLE HAVE DONATED TIME AND LOVE TO P.R.I. to help us in our research: Peter Clark, Vernell Cocanour, David Darknell, Mike Devlin, Gary and Ron from Phillips Inst., Zaida Fernandez, Chow Chow Immamoto, Cathy Quintana, Stu Sweetow, Barbara Swenson, Joy Swenson, Don Taylor, Leonard Worthington and so many more. THE CRYSTAL HEALING INSTRUCTORS

The following people can provide interesting and informed lectures on Crystal Healing. They are all trained by Dr. Vogel and speak knowledgeably in relation to their particular specialities. Marcel is now devoting most of his time to research and is not available to use Transformational Healing of the public. However, these individuals and others may be available contact P.R.I. for someone in your area.

Rozanne Bazinet, Ph.D. Psychologist, Niagara Falls, NY, will travel 716/285-5505 Robert Fritchie, Ontario, CA (Los Angeles area) will travel. 714/983-5240 Carol and Warren Klausner, San Diego, CA. 619/294-9656

John Adams, M.D. Whittier, CA 213/946-0708

Sheldon Ganberg, D.Ac. (Acupuncturist) (will travel on the East Coast) South Portland, ME 207/775-7433

THANK YOU AGAIN FOR YOUR GENEROUS SUPPORT AND DONATIONS.

The Reserach in our laboratory is supported solely by Marcel's lectures, by sales of crystals, newsletters, audio and video tapes. The more private funding donated, the more research Marcel can be here to supervise and compleat, all for the benefit of mankind. Remember, P.R.I. is a non-profit corporation.

\* \* \* QUESTIONS \* \* \*

If you have any questions that you would like answered in either the newsletter or in Marcel's upcoming book (due in the fall of 1988), please write to Jennet. MARCEL VOGEL'S TV SERIES IS SOON TO BE AVAILABLE FROM P.R.I.

Twenty six half hour shows are being produced and shown in the San Jose area Friday nights at 6:30pm on channel 2B, Gill Cable T.V. Copies (3/4" or 1/2") will soon be available for stations wishing to show this series.



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